



# **The City Bridge Trust Committee**

## **ANNEXES – APPLICATION FORMS**

**Date:** THURSDAY, 23 NOVEMBER 2017  
**Time:** 1.45 pm  
**Venue:** COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

### **7. GRANTS APPLICATION FORMS**

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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Hubbub Foundation UK</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Westminster</b>	
Contact person: <b>Mr Trewin Restorick</b>	Position: <b>CEO</b>
Website: <b>http://https://www.hubbub.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1158700</b>
When was your organisation established? <b>26/09/2014</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving London's Environment</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity</b>		
Please describe the purpose of your funding request in one sentence. <b>To increase awareness among young people of the impact of plastic on London's waterways and biodiversity by taking them plastic fishing and running educational activities.</b>		
When will the funding be required? <b>01/11/2017</b>		
How much funding are you requesting?		
Year 1: <b>£33,750</b>	Year 2: <b>£23,500</b>	Year 3: <b>£20,000</b>
<b>Total: £77,250</b>		



**Aims of your organisation:**

Hubbub is a charity that creates environmental campaigns with a difference. We are positive and design playful campaigns that inspire people to make healthier, greener lifestyle choices, which more often than not help save money and bring people together.

We concentrate on things people are passionate about and are relevant day-to-day, like fashion, food, homes and neighbourhoods. We keep things simple, offering practical and realistic solutions that help people to cut waste, make clothes last longer, save money and create cleaner spaces to live and work in.

**Main activities of your organisation:**

We run impactful campaigns that create greener neighbourhoods and help people live sustainably by cutting food waste, valuing clothes and reducing domestic bills.

We collaborate with companies, community groups, local government and academics to develop and implement our campaigns. We independently measure impact and then share results - good and bad - so that others can replicate and follow.

In the last year we have won 7 independently judged awards for campaigns that have reduced littering, cut food waste, promoted the circular economy and increased recycling. We partner with some of the UK's largest companies including Sainsbury's, IKEA, Mothercare, Costa, Starbucks and Unilever.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>19</b>	<b>2</b>	<b>10</b>	<b>0</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>2 years 5 months</b>



## Summary of grant request

### The Need:

A growing amount of plastics is entering London's waterways and threatening their biodiversity. 300 tonnes of litter is collected every year from the tidal Thames. One paddle-boarder catalogued 1,600 plastic bottles and 850 plastic bags in a journey along 400 miles of canals. This plastic is entering the food chain. A recent survey by the University of Holloway discovered plastics in 79% of Flounder in the river.

Plastic Fishing will help young people learn how plastic impacts the environment. The concept was pioneered in Amsterdam by Plastic Whale. 3,000 fishermen have fished 35,000 plastic bottles from canals and collected 560 bags of plastic waste. They have built 8 plastic boats. Their Founder is acting as an advisor on our project.

### Delivery:

? In Summer Term 2018 we aim to run 15 fishing trips catering for 450 students from schools across London. In 2019 & 2020 we aim to deliver 20 trips each Summer Term for a further 1,200 students.

? Each session will consist of a fishing trip to remove plastics from waterways around Canary Wharf. We will use the UK's first recycled plastic boat as well as regular dinghies.

? This recycled plastic boat is being built by Richmond Bridges Boathouse (builder of the Royal Barge Gloriana). It will be partly composed of PET bottles collected after the London Marathon, and will have a solar-powered motor.

? We will also run curriculum-linked classroom activities highlighting the wider environmental impacts of plastic waste.

? The fishing trips will be used as a catalyst for students to create anti-littering campaigns in their schools, supported by Hubbub UK.

? We will sort collected plastics into PET and non-PET. The non-PET will go through the usual refuse channels. We will store PET at a nearby recycling facility, then send it to a reprocessing manufacturer to become planks for new boats.

### What the project will aim to achieve:

? Plastic Fishing aims to educate young Londoners about plastics and litter, and their effect on the environment and biodiversity.

? The classroom elements aim to instil pride in the local community and its environment, and to introduce the concept of the circular economy.

? The project aims to instil a culture of volunteering in young people.

### The right organisation:

? Hubbub has a proven track-record of delivering effective, collaborative environmental campaigns. For example, our Square Mile Challenge with City of London Corporation and others collected and recycled over 500,000 coffee cups in April 2017.

? We are working with Plastic Whale who have expertise in running plastic fishing trips.

? We have run a successful trial with Canary Wharf College, which has agreed to be the first school to participate in Plastic Fishing when it is formally launched.

### Meeting the programme outcome:

? Knowledge and understanding of the 'green' environment is at the core of Plastic Fishing. The project will use plastics and the vivid experience of fishing it from the waterways to teach young Londoners about how our lifestyles and the environment are entwined.

### Principles of Good Practice

? The staff of Docklands Sailing & Watersports Centre will manage and run the fishing trips.

? The school children will come from diverse backgrounds: 58% of the children from Canary Wharf College do not speak English at home and 46 different languages are spoken between them.

? Volunteers will help to sort the plastic, and we will also be running trips for corporate volunteers.



? Hubbub is an environmental charity. We consider our carbon footprint in all our decisions, from using public transport to procurement of used and recycled items.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

### Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**To directly educate 1,650 London students about the environmental impact of plastics in our waterways by taking them on plastic fishing trips.**

**To run anti-littering campaigns with a minimum of 25 London schools using the plastic fishing trips their students have undertaken as the catalyst for these campaigns.**

**To build two new recycled plastics fishing boats made from the PET collected by the students.**

**To run launch events and social media and PR campaigns that use the school Plastic Fishing trips as a catalyst to raise Londoners' awareness of the impact of plastics in local waterways.**

**To generate over £100,000 of funding from companies to fund future school fishing trips in subsequent years. This funding will come from the sponsorship of the construction of the three boats in total (£30,000) and from corporate volunteering days (£80,000).**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**To directly reduce plastics in London waterways via the plastic fishing trips.**

**To raise awareness of students in at least 25 London schools about the environmental impact of plastics in our waterways.**

**Reduce littering in and around schools ? particularly plastics - by running behaviour change campaigns in 25 London schools.**

**To demonstrate that waste plastics has a value through the construction of two new recycled plastic boats.**

**To reduce littering into our waterways by Londoners using the Plastic Fishing trips as a way to raise awareness and change behaviour.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We will build boats from recycled plastic that can be used for future Plastic Fishing trips. These boats will be rented out to major businesses for corporate volunteering days and we will use the revenue generated to provide free awareness days for young people.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year? <b>550</b>
In which Greater London borough(s) or areas of London will your beneficiaries live? <b>London-wide (100%)</b>
What age group(s) will benefit? <b>0-15</b>
What gender will beneficiaries be? <b>All</b>
What will the ethnic grouping(s) of the beneficiaries be? <b>A range of ethnic groups</b>
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? <b>1-10%</b>



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Boat manufacturing and storage	13,000	26,500	1,500	41,000
Dinghy & crew hire	13,800	19,680	21,600	55,080
Education/Event Coordinator (Freelance)	6,250	9,000	10,000	25,250
Development of curriculum-linked materials	6,000	0	0	6,000
PR campaign	6,000	3,000	1,000	10,000
PR materials (films, photos)	5,000	1,000	500	6,500
Project Coordinator	4,000	2,500	1,500	8,000
Insurance and Waste/Recycling	4,000	4,000	4,000	12,000
Project Lead / Team Cost	14,000	10,500	7,000	31,500

<b>TOTAL:</b>	<b>72,050</b>	<b>76,180</b>	<b>47,100</b>	<b>195,350</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Melissa Murdoch	5,000	0	0	5,000
Sky (Unconfirmed)	10,000	10,000	0	20,000
Corporate Volunteering Days	18,000	28,800	36,000	82,800
	0	0	0	0

<b>TOTAL:</b>	<b>33,000</b>	<b>48,800</b>	<b>36,000</b>	<b>117,800</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dinghy & crew hire	9,000	12,000	12,000	33,000
Education/Event Coordinator (Freelance) - school trips	3,750	5,000	5,000	13,750
Development of curriculum-linked materials	6,000	0	0	6,000
PR Campaign	6,000	3,000	1,000	10,000
PR materials (films, photos)	5,000	1,000	500	6,500
Project Coordinator	4,000	2,500	1,500	8,000
	0	0	0	0

<b>TOTAL:</b>	<b>33,750</b>	<b>23,500</b>	<b>20,000</b>	<b>77,250</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>October</b>	Year: <b>2015</b>
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Income received from:	£
Voluntary income	73,024
Activities for generating funds	0
Investment income	56
Income from charitable activities	556,320
Other sources	0
<b>Total Income:</b>	<b>629,400</b>

Expenditure:	£
Charitable activities	643,429
Governance costs	0
Cost of generating funds	11,068
Other	0
<b>Total Expenditure:</b>	<b>654,497</b>
<b>Net (deficit)/surplus:</b>	<b>-25,097</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>-25,097</b>

Asset position at year end	£
Fixed assets	3,844
Investments	0
Net current assets	-19,653
Long-term liabilities	9,288
<b>*Total Assets (A):</b>	<b>-25,097</b>

Reserves at year end	£
Restricted funds	11,000
Endowment Funds	0
Unrestricted funds	-36,097
<b>*Total Reserves (B):</b>	<b>-25,097</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
11-20%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Our 2015-16 audited accounts are close to completion and show a much more robust financial position. We recorded a surplus of £131,696 on income of £1,520,921. Our reserves stood at £106,599. We also repaid our quasi-equity loan to CAF Venturesome in full.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	27,725	40,000
London Councils	0	0	0
Health Authorities	0	7,000	0
Central Government departments	0	5,200	0
Other statutory bodies	0	47,400	224,938

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Garfield Weston	0	0	40,000
Esmee Fairbairn Foundation	0	0	30,000
Esmee Fairbairn Foundation	0	27,800	0
Mark Leonard Trust	0	25,000	0
Arts and Humanities Research Council	0	0	18,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Trewin Restorick**

Role within                      **CEO**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Widehorizons Outdoor Education Trust</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Greenwich</b>	
Contact person: <b>Mr Liam Mills</b>	Position: <b>Trusts and Foundations Manager</b>
Website: <b><a href="http://www.widehorizons.org.uk">http://www.widehorizons.org.uk</a></b>	
Legal status of organisation: <b>Charitable company</b>	Charity, Charitable Incorporated Company or company number: <b>1105847</b>
When was your organisation established? <b>01/05/2004</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving London's Environment</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity</b> <b>More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives</b>		
Please describe the purpose of your funding request in one sentence. <b>We will improve access to an unused nature reserve, deliver an outdoor learning programme and create volunteering opportunities that will engage local people with nature.</b>		
When will the funding be required? <b>06/11/2017</b>		
How much funding are you requesting?		
Year 1: <b>£59,780</b>	Year 2: <b>£51,867</b>	Year 3: <b>£41,388</b>
<b>Total: £153,035</b>		



**Aims of your organisation:**

Wide Horizons is a charity which aims to transform the lives of children and young people through inspirational outdoor Adventure Learning experiences. We believe that every child, regardless of their background or circumstances, should have the opportunity to experience adventures as part of their education and development. Our aim is to develop well-rounded young people who are environmentally conscious, active members of their communities and have the right skills to build better futures for themselves.

To achieve this, we provide inspirational outdoor learning and adventure experiences to disadvantaged children and young people (aged 2-25) from London, Kent and Walsall. We aim to enhance children and young people's education and inspire them to learn by linking adventure to the school curriculum, whilst also focusing on the personal and social development of each child.

**Main activities of your organisation:**

We operate eight outdoor centres across England and Wales which offer a mixture of day and residential courses focused on the individual development of each child.

We work with schools to provide Adventure Learning programmes that are tailored to the curriculum and teach children about the world around them through environmentally-focused activities such as habitat walks, river studies and pond-dipping. We also offer adventurous activities like canoeing, gorge walking and climbing, where children learn how to co-operate with others to overcome challenges in a supportive setting.

We provide an outreach programme to schools that utilises local green spaces to create new outdoor learning experiences and connects children to their local environment.

We have developed an Adventure Holiday programme in partnership with housing associations from London and Walsall to provide unique experiences that better equip young people as they transition into adulthood.

We offer training for teaching professionals to introduce outdoor learning into their educational programme or further develop teaching techniques.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>32</b>	<b>57</b>	<b>13</b>	<b>275</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>25</b>



## Summary of grant request

### Need

Today, children are spending less time outdoors and have less contact with nature than ever before. Research and personal experience shows that generations of our children are growing up without hands-on and meaningful experience of their natural environment and know little about the wildlife and world around them. Tump 53 was once a well-loved nature reserve in the heart of Thamesmead but has been closed to the public since January 2016. It is a wonderful green space for both children and adults to engage with nature and local people want it to be open again. Our consultation with Thamesmead schools reveal that there are very few appropriate green spaces locally that they can access and use for high quality outdoor learning. Schools regularly pay for coaches to transport their classes to visit environmental centres, which they are finding too expensive to justify with limited resources. Some utilise their school grounds but say they can often be uninspiring places for children to learn and do not offer genuine nature experiences.

### Project Aims

Working in partnership with Peabody, a London housing association, we aim to:

1. Restore Tump 53 as a highly-valued community space and enhance the site's natural environment and biodiversity
2. Deliver engaging nature experiences to children and young people, as part of their education, to improve their knowledge and understanding of their local environment
3. Increase opportunities for local people to access and enjoy the natural beauty of Tump 53 through community activities and volunteering, which will lead to an improvement in their wellbeing

### Delivery

We will carry out physical improvements to enhance the natural environment of Tump 53 and create an exciting outdoor learning space that will include a Forest School area, mud kitchen, and bird hide. The improvements will help promote the biodiversity of the site and enable us to provide engaging nature experiences for local schools, children, young people, and the wider community. We will use Tump 53 to deliver an outdoor learning programme to schools that is linked into their curriculum and educates children (aged 4-16) about nature and the environment. Children will be able to explore and enjoy a variety of practical activities that will include mini beast hunts, dirt investigations, habitat walks and pond dipping.

We will create regular opportunities for local people to enjoy the natural beauty of Tump 53 to promote health and wellbeing. This will include volunteering opportunities, seasonal community events, parents and toddler groups, holiday club, and self-led visits from community groups.

### Why Wide Horizons

We have 50 years' experience of managing and running environmental and outdoor learning centres across England and Wales. We have successfully delivered similar projects that have involved transforming unused green spaces to create popular nature areas for community use. Within Thamesmead, we have excellent links with the local community and have strong existing relationships with local schools and community organisations.

### Improving London's Environment

We will work with the local community to transform an under-utilised green space into a highly-valued community resource. We will use the newly enhanced area to provide an outdoor learning programme that will improve children's knowledge and understanding of the natural world. We will improve access to the natural environment of Tump 53 through community events and other activities which will improve local people's wellbeing.

### Principles of Good Practice

We will ensure the ongoing involvement of local people through the project steering group and volunteering opportunities. We will welcome people from different backgrounds and aim to recruit staff and volunteers that are representative of the diverse Thamesmead



community. We are continuously looking to reduce our environmental impact across the organisation.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Many of our centres are quality assured and hold appropriate certificates from the Adventurous Activities Licensing Authority (AALA) or the Learning Outside the Classroom (LOT) Quality Badge.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Deliver over 350 high quality outdoor learning sessions (including Adventure Learning and Adventure Outreach sessions) to local schools that will improve children and young people's knowledge and understanding of nature and the environment**

**Deliver 96 Forest School sessions to local primary schools that will develop the relationship between children and the natural world, and build children's confidence, self-esteem and social skills**

**Host 4 open community events each project year to provide local people the opportunity to access and enjoy the natural beauty of Tump 53, learn about the environment and encourage them to be more active outdoors**

**Deliver over 250 fun and exciting community activities that will create new opportunities for children, young people and their families to engage with nature and improve their wellbeing**

**Recruit and support over 200 volunteers to support the delivery of outdoor learning sessions, conservational activities and improving the natural environment of Tump 53**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Children and young people will have greater knowledge and understanding of nature and the environment by taking part in an outdoor learning programme**

**Local people will report improved wellbeing from having greater opportunities to access and enjoy the natural environment of Tump 53**

**The quality of the natural environment of Tump 53 will be improved to create a community space that connects children, young people and the wider community with nature and the environment**

**Volunteers will gain knowledge and new skills about how to care for and protect nature and the environment**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**The educational programme that we will deliver to schools will be a paid for service. We anticipate by the end of year three we will have developed a sustainable programme of activity that will generate sufficient income to cover our annual operating costs.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**2,105**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Greenwich (60%)**

**Bexley (40%)**

What age group(s) will benefit?

**0-15**

**16-24**

**25-44**

**45-64**

**65-74**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries including NI and pensions	60,713	59,956	57,582	178,251
Service Delivery (travel, volunteer expenses, educational resources)	1,947	1,947	1,947	5,841
Premises Costs (rent, utilities, repairs and maintenance)	7,251	7,251	7,251	21,753
Office Costs (broadband, stationary, IT)	1,840	1,840	1,840	5,520
External Evaluation	2,500	1,000	2,500	6,000
Core Costs (15%)	11,138	10,799	10,668	32,605
	0	0	0	0

<b>TOTAL:</b>	<b>85,389</b>	<b>82,793</b>	<b>81,788</b>	<b>249,970</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Postcode Local Trust	10,778	0	0	10,778
Project income through fees charged	14,830	30,926	40,401	86,157
	0	0	0	0

<b>TOTAL:</b>	<b>25,608</b>	<b>30,926</b>	<b>40,401</b>	<b>96,935</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries including NI and pensions	51,983	45,102	35,989	133,074
Capital Equipment	0	0	0	0
Service Delivery (travel, volunteer expenses, educational resources)	0	0	0	0
Premises Costs (rent, utilities, repairs and maintenance)	0	0	0	0
Office Costs (broadband, stationary, IT)	0	0	0	0
External Evaluation	0	0	0	0
Core Costs (15%)	7,798	6,765	5,398	19,961
	0	0	0	0

<b>TOTAL:</b>	<b>59,780</b>	<b>51,867</b>	<b>41,387</b>	<b>153,035</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>July</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	461,380
Activities for generating funds	54,273
Investment income	129
Income from charitable activities	2,606,218
Other sources	0
<b>Total Income:</b>	<b>3,122,000</b>

Expenditure:	£
Charitable activities	2,910,778
Governance costs	0
Cost of generating funds	41,651
Other	0
<b>Total Expenditure:</b>	<b>2,952,429</b>
<b>Net (deficit)/surplus:</b>	<b>169,571</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>169,571</b>

Asset position at year end	£
Fixed assets	1,750,795
Investments	0
Net current assets	67,955
Long-term liabilities	1,305,876
<b>*Total Assets (A):</b>	<b>512,874</b>

Reserves at year end	£
Restricted funds	177,682
Endowment Funds	0
Unrestricted funds	335,192
<b>*Total Reserves (B):</b>	<b>512,874</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

After nearly 7 years, our CEO, Alex Brooks-Johnson, will leave the organisation in September 2017 to pursue new challenges. The Board have undergone a thorough recruitment process and have appointed Peter Rogers OBE as the new CEO. Peter will be working with Alex over the coming months to ensure a smooth transition and handover, ahead of Peter starting in September 2017.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	202,655	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Walsall Camp Trust	102,282	0	130,000
John Lyon's Charity	0	20,000	20,000
People's Millions Lottery	0	37,500	12,500
Colyer-Fergusson Charitable Trust	0	20,621	29,000
Mercers' Charitable Foundation	0	0	12,500

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Liam Mills**

Role within                      **Trusts and Foundations Manager**  
Organisation:



## Funding required for the project – Appendix A

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries including NI and pensions	60,713	59,956	57,582	178,251
Service Delivery (travel, volunteer expenses, educational resources)	1,947	1,947	1,947	5,841
Premises Costs (rent, utilities, repairs and maintenance)	7,251	7,251	7,251	21,753
Office Costs (broadband, stationary, IT)	1,840	1,840	1,840	5,520
External Evaluation	2,500	1,000	2,500	6,000
Core Costs (15%)	11,138	10,799	10,668	32,605
	0	0	0	0

<b>TOTAL:</b>	<b>85,389</b>	<b>82,793</b>	<b>81,788</b>	<b>249,970</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Postcode Local Trust	10,778	0	0	10,778
Project income through fees charged	14,830	30,926	40,401	86,157
	0	0	0	0

<b>TOTAL:</b>	<b>25,608</b>	<b>30,926</b>	<b>40,401</b>	<b>96,935</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Adventure Learning Manager	31,015	31,015	31,015	93,045
Capital Equipment	0	0	0	0
Service Delivery (travel, volunteer expenses, educational resources)	2,500	1,000	2,500	6,000
Premises Costs (rent, utilities, repairs and maintenance)	1,572	1,947	0	3,519
Office Costs (broadband, stationary, IT)	0	0	0	0
External Evaluation	0	0	0	0
Core Costs (15%)	7,798	6,765	5,398	19,961
	0	0	0	0

<b>TOTAL:</b>	<b>42,885</b>	<b>40,727</b>	<b>38,913</b>	<b>122,525</b>
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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Brent Adolescent Centre</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Brent</b>	
Contact person: <b>Mr Berhanu Kassayie</b>	Position: <b>Trust Fundraising Officer</b>
Website: <b><a href="http://www.brentcentre.org.uk">http://www.brentcentre.org.uk</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1081903</b>
When was your organisation established? <b>01/01/2000</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving Londoners' Mental Health</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More children and young people receiving specialist help, resulting in improved mental health</b>		
Please describe the purpose of your funding request in one sentence. <b>To address the gap in specialist age-appropriate mental health services and support adolescents in Brent schools to deal with and overcome their mental health problems.</b>		
When will the funding be required? <b>12/04/2017</b>		
How much funding are you requesting?		
Year 1: <b>£47,200</b>	Year 2: <b>£48,238</b>	Year 3: <b>£49,298</b>
<b>Total: £144,736</b>		



**Aims of your organisation:**

The Brent Centre for Young People is an internationally renowned psychoanalytic therapeutic Centre providing specialist adolescent mental health support for young people in and around the London Borough of Brent for the last 50 years.

It is founded in 1967 by a group of Psychoanalysts who recognised that adolescents had different needs to those of children and of adults. Our sole purpose is responding to the gap in specialist mental health and wellbeing service for young people during the difficult phase of transitioning into adulthood by providing age specific and preventative adolescent therapeutic treatment. Each year we help over 500 adolescents and our aims are:

? To provide specialist adolescent mental health services to vulnerable young people and support their families and those who work with them.

? To contribute to research into adolescence, adolescent psychopathology and models of clinical intervention.

? To raise awareness and influence policy in relation to young people and their mental health issues.

**Main activities of your organisation:**

Adolescent Exploratory Therapy: age appropriate preventative intervention addressing emotional disturbances and pathologies affecting young people during adolescence without the intensity of psychotherapy.

Psychotherapy: an intensive and longer-term in-house treatment for young people with severe and complex problems.

Group Therapy: targeting the most difficult to engage adolescents and creating a safe space to explore reasons and effects of their emotional and behavioural difficulties, own up their need for help and address effects of their presenting problems.

Support for Parents/ Carers: providing opportunities to explore their concerns, better understand the respective young person's mental health needs and enable them to better support their psychological and educational development.

Consultation and Support for Professionals: enabling professional staff to better understand, identify early on, better manage and support young people with mental health difficulties.

Sport and Thought: an innovative therapeutic intervention which uses the universal language and skills of football to support those with emotional and behavioural issues and in the fringes of school life.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>8</b>	<b>21</b>	<b>8</b>	<b>9</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	



## Summary of grant request

### Need

The prevalence of mental ill-health among children and young people in Brent (10%) is higher than the London (9.3%) and England (9.3%) averages (Public Health England, 2014). Based on 2015 total GP registered residents (367,589) and under 18 population of 23%, Brent's prevalence rates mean a total of 8,455 children and young people may need mental health support. In the last four years, on average our Centre supported 570 young people aged 10 - 21;

Children and young people have poor access to mental health services. In 2014/15, 70% of those referred to Brent CAMHS have to wait 5 -11+ weeks for assessment and on average, treatment started 93 days after referral. Even then, CAMHS' focus on high risk of harm and severe and persistent disorder means, those requiring preventative early intervention have no chance of accessing their services.

The prevalence of mental health problems is higher among BME communities and referrals to services are generally much lower. With 67% of Brent's population coming from non-White ethnic groups (NHS Brent, 2015), school based, age-appropriate and preventative mental health services are especially important.

### Aims and objectives

Proposed adolescent mental health service targets hard to reach young people with mental health problems in Brent secondary schools.

The main purpose is to address the gap in specialist age-appropriate mental health services and support adolescents to deal with and overcome their mental health difficulties and improve their functioning at school.

### Objectives:

? To promote effective engagement with therapeutic mental health support among hard to reach young people.

? To improve young people's mental health and emotional wellbeing by providing Adolescent Exploratory and Group Therapy and enabling them to deal with their psychological difficulties in an effective and appropriate manner.

? To improve young people's functioning at school by enabling them to better understand effects of their psychological difficulties on their behaviour in class and their interaction and relationship with their peers and school staff.

? To work with school staff and enable them to better understand, identify early on, better manage and support young people with mental health problems and thereby, improve their functioning at school.

We will target adolescents in five Brent secondary schools and offer the following services:

a) youth engagement and assessment; b) adolescent exploratory therapy; b) group therapy; c) school staff support consultations and work discussion groups.

### Competency to deliver

We are a specialist Centre with 50 years' dedicated service, providing adolescent psychodynamic psychotherapy to young people in Brent. The Centre is internationally renowned for its expertise in adolescent mental health. Its therapists are accredited members of a number professional bodies and contribute to lecturing and research in adolescent mental health.

### Meeting Programme Outcomes

In the last four years, on average 570 young people benefited from our services: 51% in Brent schools, 20% at youth offending services and 29% at our Centre. Proposed service and its funding will enable us to build on and reach more and more hard to reach young people in Brent schools.

### Meeting Good Practice standards

?We involve service users in developing our services through feedback before and after treatment and feedback surveys. These are summarised and reported to Senior Management Team and the Board.

*Continues overleaf*



*Continued from previous*

?We are committed to equality and diversity and in 2016/17, 85% of young people treated came from none-white British minority ethnic backgrounds.

?We actively recruit volunteers and, at any one given time, the Centre works with up to 5 volunteers and placement students.

?As per our Environmental Policy, we constantly work to improve our recycling scheme with particular emphasis on main consumables and keeping energy consumption to a minimum.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**It is an essential requirement that all our therapists are qualified and accredited members of UK professional bodies.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Conduct Engagement and Assessment Sessions with 90 young people annually, experiencing mental health difficulties and or are at risk of being excluded from school. Each sessions would last a maximum of 50 minutes and, on average, individuals may need 1 - 3 sessions.**

**Offer 500 sessions each lasting a maximum of 50 minutes and benefiting 50 adolescents annually. At the end of AET sessions and depending upon need, young people will have the option to extend their support and/or be referred for more intensive therapeutic support at Brent Centre.**

**Offer 50 minutes 56 group therapy sessions annually, involving up to 6 young people with shared problems and each benefiting from up to 8 sessions.**

**Offer 150 support consultation sessions benefiting 30 school staff annually and, 5 Work Discussion Groups benefiting 25 school staff thus enabling them to better understand, identify early on, better manage and support pupil with mental health difficulties.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Youth ownership of mental support needs: 90% of hard to reach adolescents engaged at Brent schools will demonstrate increased realisation of their mental health support needs and, with improved confidence, commit themselves to engage with therapeutic and counselling services.**

**Improved mental wellbeing: With increased access to specialised adolescent mental health treatment, 70% of hard to reach young people will demonstrate significant reduction in levels of mental health symptoms and effects of their developmental, emotional, behavioural and psychosocial difficulties.**

**Improved functioning at school: 70% of hard to reach young people are enabled to deal with effects of their psychological difficulties in an appropriate manner and experience improved functioning at school.**

**For School Staff: 80% of benefiting school staff will be enabled to better understand, identify early on, better manage and support pupil with mental health difficulties and improve their functioning at school.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Adolescent therapy in schools is an essential element of our core services. We recently expanded our fundraising team, appointing a Trust Fundraising Officer. The Board of Trustees is working with the team to develop and implement a strategic fundraising plan, diversifying income streams, incorporating an annual giving programme and ensuring long term sustainability for our core services.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**145**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Brent (90%)**

**Westminster (10%)**

What age group(s) will benefit?

**0-15**

**16-24**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Adolescent Exploratory Therapy: Psychotherapist @ NHS Salary scale Band 6 Point 26 on 0.6 terms	20,762	20,219	21,685	63,666
Group Therapy: Psychotherapist @ NHS Salary scale Band 6 Point 26 on 0.6 terms	6,921	7,073	7,228	21,222
Support for School Staff: Psychotherapist @ NHS Salary scale Band 6 Point 26 on 0.6 terms	4,885	4,993	5,102	14,980
Clinical Supervision: Senior Psychotherapist @NHS Salary Scale Band 7 Point 31 on 0.01	3,068	3,135	3,204	9,408
Monitoring and Evaluation: Clinical Audit and Monitoring Analyst @ NHS Salary Scale Band 6 Point 26 on 0.1 terms	3,776	3,859	3,944	11,579
Clinical Administration: Clinical Administrator @ NHS Salary Scale Band 3 Point 10 on 0.2 terms	1,888	1,930	1,972	5,789
Central Services: Average of 3 years costs apportioned by number of staff	1,180	1,206	1,232	3,618
Overheads: Average of 3 years costs apportioned by number of staff	1,416	1,447	1,479	4,342
Management /Clinical Governance/ reporting: Apportioned on 7% terms of staff cost	3,304	3,377	3,451	10,132
<b>TOTAL:</b>	<b>47,200</b>	<b>48,238</b>	<b>49,298</b>	<b>144,736</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>



## How much is requested from the Trust?

<b>Expenditure heading</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Total</b>
Adolescent Exploratory Therapy: Psychotherapist @ NHS Salary scale Band 6 Point 26 on 0.6 terms	20,762	21,219	21,685	63,666
Group Therapy: Psychotherapist @ NHS Salary scale Band 6 Point 26 on 0.6 terms	6,921	7,073	7,228	21,222
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<b>TOTAL:</b>	<b>47,200</b>	<b>48,238</b>	<b>49,298</b>	<b>144,736</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	673,744
Activities for generating funds	10,592
Investment income	193
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>684,529</b>

Expenditure:	£
Charitable activities	605,874
Governance costs	0
Cost of generating funds	34,357
Other	0
<b>Total Expenditure:</b>	<b>640,231</b>
<b>Net (deficit)/surplus:</b>	<b>44,298</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>44,298</b>

Asset position at year end	£
Fixed assets	189,542
Investments	0
Net current assets	158,211
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>347,753</b>

Reserves at year end	£
Restricted funds	59,254
Endowment Funds	0
Unrestricted funds	288,499
<b>*Total Reserves (B):</b>	<b>347,753</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
31-40%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	34,997	25,000	2,909
Health Authorities	149,967	193,758	217,096
Central Government departments	0	0	0
Other statutory bodies	18,000	18,000	18,000

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Henry Smith	35,000	35,000	35,000
John Lyon's Charity	25,000	25,000	40,000
Wembley National Stadium Trust	19,450	10,000	0
BBC Children in Need	0	13,932	14,145
Clothworkers Foundation	0	18,000	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Berhanu Kassayie**

Role within                      **Trust Fundraising Officer**  
Organisation:



# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Causeway Irish Housing Association</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Haringey</b>	
Contact person: <b>Mr Alan D'Arcy</b>	Position: <b>Assistant Director</b>
Website: <b>http://www.irishcauseway.org.uk</b>	
Legal status of organisation: <b>Registered Charitable Industrial and</b>	Charity, Charitable Incorporated Company or company number: <b>25228r</b>
When was your organisation established? <b>01/07/1986</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving Londoners' Mental Health</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health</b> <b>More LGBT people accessing mental health services resulting in improved mental health and reduced mental distress</b>		
Please describe the purpose of your funding request in one sentence. <b>Enable young migrants experiencing mental ill health, due to loss or trauma, to improve their mental health, leading to more independent productive and happier lives.</b>		
When will the funding be required? <b>03/07/2017</b>		
How much funding are you requesting?		
Year 1: <b>£28,000</b>	Year 2: <b>£28,000</b>	Year 3: <b>£28,000</b>
<b>Total: £84,000</b>		



**Aims of your organisation:**

The object of the Association is to carry on for the benefit of the community the business of providing short term or other housing and any associated amenities for homeless person and in particular for Irish homeless persons in necessitous circumstances upon terms appropriate to their needs. The Association shall have the power to do all things necessary or expedient for the fulfilment of it's objectives. The Association shall not trade for profit.

Mission Statement: To provide housing and skills development to young people in need, particularly those of Irish origin and other migrants, providing a space in which they can attain independence.

**Main activities of your organisation:**

CIHA provides low cost accommodation in shared houses and self contained flats to vulnerable groups. We focus on people from migrant and refugee backgrounds. All new tenants attend an assessment/induction meeting where skills gaps and support to address identified gaps is discussed. A tailored support plan is drafted, including activities such as money and budgeting advice, help to secure employment, and help to get to know the local area and overcome isolation through organised social activities.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>9</b>	<b>1</b>	<b>7</b>	<b>7</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>Indefinite</b>



## Summary of grant request

CIHA houses 240 men and women, 160 of whom come from migrant and refugee backgrounds. Currently 102 of our tenants have fled recent conflict zones within the last 10 years. Our 2016 tenant need survey revealed that 120 of our tenants, experience mental ill health. 90% of our tenants come from BAME communities, the majority from East Africa. The most common conditions our tenants report are extreme anxiety linked to post traumatic stress disorder and coping with grief. Over 50% of our tenants reported regular feelings of low self-worth and anxiety. This leads to difficulty socialising or maintaining employment.

We seek funding to employ a part time mental health worker to provide short term interventions and structured activities such as wellness groups. The post will carry out initial assessments, resulting in a SMART action plan to include referrals to mainstream mental health services. Also to wellbeing activities such as healthy eating and exercise. Additionally the mental health worker will run 2 weekly in house wellbeing groups open to all Causeway tenants. One of the groups will be themed around relaxation and healthy eating as this is a need for our clients. The post will be 30 hours per week and will work across our shared houses in Haringey and Hackney. Groups will be delivered at our premises in Haringey and Hackney.

We are a BME led organisation and we have housed and supported migrants and refugees for 30 years. Our Lifeskills service helps people with issues such as mental health, addictions, and debt and rent arrears. A mental health worker will work closely with this service to identify those who may be struggling with mental ill health.

A dedicated mental health worker will enable our tenants experiencing grief, trauma and loss to access mainstream support services. The post will also work with specialist refugee agencies to build referral pathways and help our clients sustain engagement. The post will do this through making links with agencies, accompanying clients to their first appointment and meeting clients regularly.

22 of our tenants identify as LGBT. 14 of those report experiencing trauma due to their experiences as refugees from conflict zones. The post will create person centred support plans for LGBT clients, including referrals to LGBT specific services. Our LGBT clients report higher levels of loneliness and isolation. The post will set up an LGBT mental health network, to organise social activities and support for LGBT clients. The network will meet monthly.

Our tenants will guide their own support. All users of the service will be involved in planning support groups and activities. We will do this through one to one conversations and surveys to determine our tenant's priorities for the service. With service users we will set clear objectives for each group or activity and canvass opinions on whether or not groups met the stated outcomes.

We employ and support volunteers to deliver aspects of our work, such as welfare visits. To increase the capacity of our service we will recruit 2 volunteers to work alongside the mental health worker. Volunteers will access all of our core training, including mental health first aid and an introduction to group work. Our Volunteers will assist in running groups and enable the service to carry out home visits to people who do not engage well.

Our tenants group is diverse and come from many different cultural background, faiths and ethnicities. Our mental health service will be culturally sensitive and build close links with specialist support agencies.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**London Accredited Landlord Scheme,**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**A structured programme of 1:1 meetings with all tenants and local residents identified as needing support with their mental health, to identify the level of support they need and create some baseline data so together with the client we can monitor, evaluate and revise progress.**

**Creating time limited support plans to include referrals to specialist mental health services and referrals to culturally specific services. Assist tenants to engage through befriending, accompanying and help with transport costs.**

**Facilitate 2 x weekly in house well being groups. Groups to be themed around areas that improve mental health, for example relaxation, exercise and healthy eating. Constant review of progress and potential revision of progress, referring them back to 1:1 support where required.**

**Support LGBT client to access LGBT specific counselling and support services. Establish LGBT well being network. Create baseline data and facilitate client/provider joint monitoring and revision.**

**Work with our housing staff to improve their confidence in working with tenants who are experiencing mental health issues. Through supporting staff to deal sensitively with issues such as hoarding, noise and anger management.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**95% clients accessing the service reporting an improvement in overall mental health. Through accessing mainstream mental health services and/or culturally/sexuality specific mental health support services. Including counselling to support with grief, abandonment and loss. Clients are involved in and benefit from reviews and revised support through monitoring and evaluation.**

**95% clients supported to sustain engagement with mainstream, specialist and Wellbeing services. This will take the form of accompanying to initial appointments, help with fares and someone to talk to.**

**95% clients to report a reduction in feelings of isolation, anxiety and low self worth. This will be achieved through well being groups, social activities and referrals to counselling services. Further individual support for highly personal issues not dealt with in group session addressed and progressed in !! sessions**

**22 LGBT clients to be offered 1:1 support and to report a healthy and positive attitude to their sexuality. Support to self monitor their progress and review and revise the support they want.**

**1005 of our housing staff will report feeling more confident when working with people who experience mental ill health. Through help planning interventions, home visits and running short training courses. This will result in them being better able to identify and support people with mental health conditions.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We have secured a contract from Innisfree Housing Association to provide our Lifeskills training to their tenants, we are also discussing a contract with another housing association and a social services department . It will take time to develop this, we will develop a business plan to maximise potential, we will seek funding until we can secure sufficient income.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year? <b>90</b>
In which Greater London borough(s) or areas of London will your beneficiaries live? <b>Haringey (55%)</b> <b>Hackney (35%)</b> <b>Islington (5%)</b> <b>Tower Hamlets (5%)</b>
What age group(s) will benefit? <b>16-24</b> <b>25-44</b> <b>45-64</b>
What gender will beneficiaries be? <b>All</b>
What will the ethnic grouping(s) of the beneficiaries be? <b>A range of ethnic groups</b> <b>Mixed / Multiple ethnic groups</b> <b>Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)</b>
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? <b>1-10%</b>



**Funding required for the project****What is the total cost of the proposed activity/project?**

<b>Expenditure heading</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Total</b>
Salary, employers NI and Pension	£23,850	£23,850	£23,850	<b>£71,550</b>
Office costs	£1,000	£1,000	£1,000	<b>£3,000</b>
Training	£1,000	£1,000	£1,000	<b>£3,000</b>
Travel	£500	£500	£500	<b>£1,500</b>
Mobile phone	£250	£250	£250	<b>£750</b>
Management costs	£1,400	£1,400	£1,400	<b>£4,200</b>
Client fares material and subscriptions	£2,000	£2,000	£2,000	<b>£6,000</b>
<b>TOTAL:</b>	<b>£30,000</b>	<b>£30,000</b>	<b>£30,000</b>	<b>£90,000</b>

**What income has already been raised?**

<b>Source</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Total</b>
Causeway	£2000	£2000	£2000	<b>£6000</b>
<b>TOTAL:</b>	<b>£2,000</b>	<b>£2,000</b>	<b>£2,000</b>	<b>£6000</b>

**What other funders are currently considering the proposal?**

<b>Source</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Total</b>
<b>TOTAL:</b>				

**How much is requested from the Trust?**

<b>Expenditure heading</b>	<b>Year 1</b>	<b>Year 2</b>	<b>Year 3</b>	<b>Total</b>
Salaries	£23,850	£23,850	£23,850	<b>£71,550</b>
Office costs	£1,000	£1,000	£1,000	<b>£3,000</b>
Training	£1,000	£1,000	£1,000	<b>£3,000</b>
Travel	£500	£500	£500	<b>£1,500</b>
Mobile Phone	£250	£250	£250	<b>£750</b>
Management costs	£1,400	£1,400	£1,400	<b>£4,200</b>
<b>TOTAL:</b>	<b>£28,000</b>	<b>£28,000</b>	<b>£28,000</b>	<b>£84,000</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	67,214
Activities for generating funds	0
Investment income	147
Income from charitable activities	1,618,602
Other sources	7,695
<b>Total Income:</b>	<b>1,693,658</b>

Expenditure:	£
Charitable activities	1,597,659
Governance costs	7,784
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>1,605,443</b>
<b>Net (deficit)/surplus:</b>	<b>88,215</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>738,791</b>

Asset position at year end	£
Fixed assets	1,166,733
Investments	0
Net current assets	-102,205
Long-term liabilities	325,737
<b>*Total Assets (A):</b>	<b>738,791</b>

Reserves at year end	£
Restricted funds	14,152
Endowment Funds	24
Unrestricted funds	724,615
<b>*Total Reserves (B):</b>	<b>738,791</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	27,360
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
City of London & local authorities / councils	0	0	49,770
Crisis	50,000	50,000	50,000
Central government departments -----	50,000	50,000	0
Irish Government Emigrant Support Grant (DION)	15,000	15,000	15,000
Other statutory bodies -----	0	0	0
East End Community Foundation	0	0	714
Trusts and foundations -----	15,000	17,214	0
	0	0	0
Corporations -----	0	0	0
	0	0	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Alan D'Arcy**

Role within                      **Assistant Director**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation:	
<b>Depaul UK</b>	
If your organisation is part of a larger organisation, what is its name?	
<b>Depaul International</b>	
In which London Borough is your organisation based?	
<b>Southwark</b>	
Contact person:	Position:
<b>Mr Mark Crow</b>	<b>Trusts &amp; Foundations Manager</b>
Website: <b><a href="http://www.depaulcharity.org.uk">http://www.depaulcharity.org.uk</a></b>	
Legal status of organisation:	Charity, Charitable Incorporated Company or company number:
<b>Registered Charity</b>	<b>802384</b>
When was your organisation established? <b>23/10/1989</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying?		
<b>Improving Londoners' Mental Health</b>		
Which of the programme outcome(s) does your application aim to achieve?		
<b>More children and young people receiving specialist help, resulting in improved mental health</b>		
<b>More homeless and transient people having access to mental health services and reporting improved well-being</b>		
Please describe the purpose of your funding request in one sentence.		
<b>The London Wellbeing &amp; Mental Health Coordinator will improve young homeless people's understanding of mental health, lead wellbeing workshops, and enable access to specialist services.</b>		
When will the funding be required? <b>01/12/2017</b>		
How much funding are you requesting?		
Year 1: <b>£40,000</b>	Year 2: <b>£40,000</b>	Year 3: <b>£40,000</b>
<b>Total: £120,000</b>		



**Aims of your organisation:**

Since 1989, Depaul UK has accommodated and supported very vulnerable young homeless people, helping them move from homelessness and isolation to independence and wellbeing.

Vision. Everyone should have a place to call home and a stake in their community.

Mission. We aim to end homelessness and change the lives of those affected by it.

Values. We work with all faiths and none, our core values are:

?We celebrate the potential of people

?We put our words into action

?We aim to take a wider role in civil society

?We believe in rights and responsibilities.

**Main activities of your organisation:**

Depaul UK now supports over 3,000 people each year.

Over 1,100 young people live in our Depaul homes in the UK. In London, these are in Westminster, Brent, Greenwich, Camden and Bromley.

Our award winning Nightstop services offer safe emergency accommodation for young people in the homes of trained volunteer hosts. Depaul directly runs Nightstop services in London, the North East, Cumbria, Sheffield and Manchester. Depaul's Nightstop UK accredits a network of 33 Nightstops in total, delivering around 13,000 safe nights of accommodation each year.

The ?Get Up & Go? programme works with at least 300 young people a year, providing young clients with mentoring, training and opportunity to gain employment. The project also promotes positive mental and physical health through targeted activities. More than 100 community volunteers support this work.

In London, Depaul has youth panels of current and former service users who meet regularly, interview senior appointments to the charity, and influence decisions at all levels.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>190</b>	<b>38</b>	<b>13</b>	<b>304</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>15 years</b>



## Summary of grant request

Depaul has long understood that the young people in our accommodation services have significant mental health issues, whether diagnosed or not. A 2017 analysis of Depaul's client data, revealed 285 (62%) of the 552 sample had a recognised mental health (MH) need. Given this high incidence of MH issues among the young people we work with, we are determined to empower them more and make it easier to access wellbeing and MH support.

Depaul is keen to prioritise positive MH, to engage all the young people, volunteers and staff we work with around the issue. This means understanding that wellbeing and MH is relevant to us all. It is important to focus on building resilience and coping strategies, to put in place strategies to prevent MH deteriorating and to know where to turn when problems arise.

The young people Depaul supports and accommodates have come through traumatic events, experiencing violence, abuse and neglect. It is hardly surprising that many are facing anxiety, depression or that they self harm. Further, MH issues in the 16-25 age group are likely to be missed and they are also reluctant to engage with clinical interventions (Knapp et al, 2016).

In addition to research from 2012 by Depaul/AZ demonstrating the high levels of MH need in young homeless people, a pilot by Depaul in partnership Get Mindfuel in 2015, and an ongoing cross organisational Depaul MH Working Group, all underpin this funding bid.

The pilot run by clinical psychologists, and the Working Group containing a number of MH specialists, both reported young people's frustration in attempting to engage with statutory health services, long waiting times and lacking the right language to talk about MH issues. Staff too, felt frustrated in their attempts to advocate on young people's behalf and often unequipped to know how best to support them.

The Get Mindfuel pilot included sessions on positive wellbeing, everyday mindfulness, using strengths to bounce back and coping strategies. Participants were enthusiastic, with one young person commenting: 'It's a great help to any problem you have, it can help with anything.' Another: 'It helped me to prepare, feel more confident in groups.'

The London Wellbeing & MH Coordinator will build on these resources. The post will receive referrals from across Depaul's accommodation projects, linking them with internally and externally run workshops to engage young people around wellbeing and resilience, reduce stigma, and refer young people onto more specialised treatment (eg. counselling). The Coordinator will also support front line workers on MH issues and services.

When waiting times for statutory MH services are an issue, we will look to leverage additional financial support from our corporate supporter Deloitte in the form of case by case grants, to access private MH treatment.

The aims of the project align closely with the City Bridge programme priorities, with more young people receiving specialist MH help and homeless people accessing MH services.

Depaul has been supporting disadvantaged young people in London since 1989. Our expertise includes running a specialist MH accommodation project in Camden as part of the MH Pathway there. The Get Up & Go (GUAG) programmes team reaches all young people in our accommodation with engagement and health activities. GUAG accesses the support of around 100 volunteers nationally, it is driven by the active participation and feedback of service users. Depaul supports young people of all religions, nationalities, race and sexualities. Diversity is promoted across the charity. Depaul is committed to reducing its carbon footprint, our new London centre for example is paper-free, champions recycling on all floors, and Skype meetings have reduced travel to and from other centres.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Open College Network London Quality Mark; Work Experience Quality Standard (National Council for Voluntary Organisations); Quality Assessment Framework**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**24 MH and wellbeing workshops/activities in London held per annum (72 over 3 years)**

**100 young people supported to improve resilience and learn about positive wellbeing**

**25 staff in London trained in supporting their own and young people's positive wellbeing/MH support**

**30 young people p.a. supported to access specialist MH treatment/support**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Young homeless people are more resilient, better informed about positive wellbeing, their choices and their rights.**

**Staff working with young people are better informed about the wellbeing and MH needs of young people as well as their own wellbeing and MH.**

**MH issues addressed and prevented through treatment options including CBT, other counselling and treatments.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We see increased support for young people in terms of their mental health and wellbeing as a priority. We would therefore seek to use the evidence of impact gained over the course of the grant to sustain it. We would approach current or prospective supporters to do this, whether individuals, trusts, companies or others.**



## Who will benefit?

## About your beneficiaries

How many people will benefit directly from the grant per year?

100

In which Greater London borough(s) or areas of London will your beneficiaries live?

### Greenwich (40%)

**Brent (30%)**

### Bromley (15%)

### Westminster (10%)

### Camden (5%)

**What age group(s) will benefit?**

**16-24**

25-44

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

## A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary, NI, Pension	38,871	38,871	38,871	116,613
Employee Travel and Subsistence	250	250	250	750
Therapy/Supervision/Counselling	5,000	5,000	5,000	15,000
Computer Hardware	500	500	500	1,500
Client Participation	1,000	1,000	1,000	3,000
Stationery	500	500	500	1,500
Overheads 15%	6,918	6,918	6,918	20,754
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>53,039</b>	<b>53,039</b>	<b>53,039</b>	<b>159,117</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Deloitte	13,039	13,039	0	26,078
People's Postcode Lottery	0	0	13,039	13,039
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>13,039</b>	<b>13,039</b>	<b>13,039</b>	<b>39,117</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary, NI, Pension	31,871	31,871	31,871	95,613
Employee Travel and Subsistence	250	250	250	750
Therapy/Supervision/Counselling	0	0	0	0
Computer Hardware	500	500	500	1,500
Client Participation	1,000	1,000	1,000	3,000
Stationery	500	500	500	1,500
Overheads 15%	5,879	5,879	5,879	17,637
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>40,000</b>	<b>40,000</b>	<b>40,000</b>	<b>120,000</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>December</b>	Year: <b>2016</b>
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<b>Income received from:</b>	<b>£</b>
Voluntary income	2,914,000
Activities for generating funds	48,000
Investment income	6,000
Income from charitable activities	9,476,000
Other sources	0
<b>Total Income:</b>	<b>12,444,000</b>

<b>Expenditure:</b>	<b>£</b>
Charitable activities	11,084,000
Governance costs	
Cost of generating funds	801,000
Other	0
<b>Total Expenditure:</b>	<b>11,919,000</b>
<b>Net (deficit)/surplus:</b>	<b>559,000</b>
<b>Other Recognised Gains/(Losses):</b>	<b>6,000</b>
<b>Net Movement in Funds:</b>	<b>565,000</b>

<b>Asset position at year end</b>	<b>£</b>
Fixed assets	3,185,000
Investments	47,000
Net current assets	1,635,000
Long-term liabilities	270,000
<b>*Total Assets (A):</b>	<b>4,597,000</b>

<b>Reserves at year end</b>	<b>£</b>
Restricted funds	749,000
Endowment Funds	0
Unrestricted funds	3,848,000
<b>*Total Reserves (B):</b>	<b>4,597,000</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
71-80%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Major change was relocation to Sherborne House in LB Southwark (March 2017). The move is already having a positive influence on how we work, coordinate services, welcome young people. The new centre cafe is a big part of this. In the long term the centre will help us become more financially sustainable due to reduced rent (lease is through charitable organisation, Sherborne in the Community).



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	2,326,923	2,326,923	2,326,923
London Councils	80,000	80,000	80,000
Health Authorities	0	0	0
Central Government departments	0	440,000	470,000
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
BIG Lottery Fund	97,384	98,968	75,836
Porticus UK	148,000	95,000	57,000
Garfield Weston Foundation	7,500	100,000	100,000
May & Stanley Smith Trust	29,250	62,578	75,138
Monument Trust	45,000	45,000	20,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Mark Crow**

Role within                      **Trusts & Foundations Manager**  
Organisation:



# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Mind in Harrow</b>	
If your organisation is part of a larger organisation, what is its name? <b>Affiliated to/independent of Mind</b>	
In which London Borough is your organisation based? <b>Harrow</b>	
Contact person: <b>Mr. Mark Gillham</b>	Position: <b>Chief Executive</b>
Website: <b><a href="http://www.mindinharrow.org.uk">http://www.mindinharrow.org.uk</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1067480</b>
When was your organisation established? <b>11/04/1997</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving Londoners' Mental Health</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More children and young people receiving specialist help, resulting in improved mental health</b>		
Please describe the purpose of your funding request in one sentence. <b>The pioneering Harrow HeadsUp Consortium will improve the mental-health of 3030 diverse and vulnerable 14-25 year-olds through a programme of five evidence-based, specialist mental-health interventions.</b>		
When will the funding be required? <b>01/09/2017</b>		
How much funding are you requesting?		
Year 1: <b>£108,697</b>	Year 2: <b>£110,282</b>	Year 3: <b>£111,392</b>
<b>Total: £330,371</b>		



**Aims of your organisation:**

We are passionate about empowering local mental health service users towards mental health recovery. At Mind in Harrow we believe no one should have to face a mental health problem alone and we won't give up until everyone experiencing mental ill-health gets both respect and support.

In co-production with service users and from a user-led perspective we

- provide the highest quality mental health services, information and support
- raise awareness and promote understanding of mental health
- support service users to campaign and engage decision makers to improve local services

In all our work we strive to

- reflect the diversity of Harrow's community and reach its most disadvantaged, marginalised and vulnerable community members
- maximise expertise by working with local specialists and harnessing the national expertise of Mind
- continuously improve how we engage people about mental health

**Main activities of your organisation:**

We deliver 12 person-centred projects to 8000 users pa - from preventative and awareness-raising activities to projects supporting individuals experiencing severe and enduring mental ill-health. Examples include our;

**THERAPEUTIC SUPPORT:** Every year 1500 use our Talking Therapies Service and 6000 our unique Helpline for crisis information and support -our online directory is endorsed by Mind as England's 'most comprehensive local online resource'

**USER INVOLVEMENT:** Harrow User Group (HUG) is England's largest user-led group. In a recent survey 94% said HUG "significantly supports their mental health recovery."

**IMPROVED WELL BEING:** Now in its 21st year, our flagship educational & leisure courses have helped 3000+ reduce their isolation, learn a new skill and step towards recovery. And in the last 3 years alone our employability project has trained/supported 80 service-users with severe and enduring ill-health to engage 1000+ local employees in mental health awareness training.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>16</b>	<b>12</b>	<b>13</b>	<b>90</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>5 years</b>



## Summary of grant request

### PROJECT NEED

It is estimated 19,000 young Londoners in Harrow experience mental ill-health and local need outstrips supply by 30-60%. Local research/experience of 6 specialist mental-health/young peoples' organisations identifies

- (i)lack of a 'joined-up' approach including specialist outreach & early intervention through schools which is nationally evidenced as 'one of the most effective tools to improving young peoples' mental-health'
- (ii)increasing local rates of youth self-harm, unmet mental-health needs of young people with ADHD/autism and the young LGBT+ community and a lack of specialist support for young refugees/unaccompanied minors

These findings were corroborated by consultation with mental-health experts/young people's organisations/200+ local young people including those with lived-experience of mental ill-health;who also identified the need for a local project which was 'a non-stigmatising, friendly model offering a Pick 'n' Mix menu of professional support and incorporating young people as role models' These needs have been built into the 3 year project-delivery model as below;

### PROJECT DELIVERY

The pioneering Harrow HeadsUp Consortium will improve the mental-health of 3030 young people (aged 14-25)by delivering the following evidence-based, specialist mental-health interventions;

- (i)54 outreach early-intervention peer-led mental health workshops in a variety of settings including schools, colleges, youth services engaging 2600 young people (delivered by Mind in Harrow)
- (ii)1700 specialist one-to-one or group sessions engaging 430 young people and addressing four local priority issues of Self-harm, ADHD/Autism and culturally-specific mental health needs of 'hard to reach' LGBT+ and young refugees/unaccompanied minors. These sessions will be delivered by five expert consortium partners with an exceptional track-record as below.
- (iii)'Easy-access' and 'seamless' support between consortium projects will be facilitated via a user-friendly referral-form and a highly organised, active and collaborative consortium model.

### WHAT THE PROJECT AIMS TO ACHIEVE/MEETING THE TRUST'S OUTCOME

HeadsUp will ensure "more young people receive specialist help, resulting in improved mental health" because the HeadsUp Consortium is greater than the sum of its parts. We will introduce 'joined-up working' and increase local capacity to fill a significant gap in current service provision.We aim to

- support more young people most vulnerable to mental ill-health towards recovery
- develop services from the young person's perspective to overcome barriers to engagement
- recognise Harrow's diverse young community is best served by a choice of specialist mental-health services accessed at points of early-intervention



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Mind in Harrow, the consortium lead, holds Mindful Employer and the independently assessed Mind Quality Management Accreditation which includes**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Mind in Harrow will deliver 54 'early-intervention' specialist mental-health workshops in schools/youth-based settings for 2600 young people experiencing/at risk of mental-health problems. Delivered by 36 trained volunteers, of similar age, with lived experience of mental ill-health, our hour-long workshop-model is evidenced to be "among the most effective public mental-health interventions"**

**WISH will deliver 60 group-sessions and 520 one-to-one/therapy-sessions engaging 100 young people who self-harm/experience suicidal feelings. Delivered by psychotherapists and peer-mentors close to the age of the client-group (many with prior personal experience of the issue) this specialist psycho-educational programme enables young people to self-identify, understand, control and stop self-harming.**

**CAAS will deliver training courses & mentoring for 195 young people with ADHD/autism who disproportionately experience anxiety disorders/depression. A specialist youth-worker will deliver 130 one-to-one/group sessions (including peer-led workshops) and 9 specialist training-courses designed from the young-persons' perspective to empower them to develop their voice, resilience and mental-health coping strategies.**

**Paiwand will deliver 780 one-to-one therapy & 14 group-sessions for 105 young refugees/asylum-seekers/unaccompanied minors experiencing disproportionate mental-distress including post-traumatic-stress-disorder. Often using sport/other activities as an "acceptable point of entry" due to acute cultural mental-health stigma, specialist counsellors will provide holistic/multi-disciplinary/culturally-appropriate support in community-languages addressing young people's complex mental-health/related support needs.**

**Mosaic will deliver 150 specialist youth-work sessions/workshops and 36 one-to-one mentoring-sessions for 30 young LGBT+ people experiencing disproportionate mental distress including internalisation of homophobia, negative self-esteem and self-harm/suicidal thoughts. The engagement and support will enable them to meet like-minded peers and build a sense of identity, voice and improved mental-health.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**More young people from diverse backgrounds, facing particular vulnerabilities and inequalities engage in specialist outreach and early intervention resulting in improved mental-health of which (i)70% have improved mental health coping strategies and (ii)70% have increased ability to care for their own mental-health - evidenced through self-assessment/focus-groups/data monitoring/performance indicators/independent project-evaluation**

**More young people experiencing self-harm and suicidal thoughts receive specialist help resulting in reduced risk of which (i)80% stop/significantly reduce self-harming and (ii)85% reduce suicidal thoughts, feelings and attempts, - evidenced through clinical baseline assessment & regular review/data monitoring/performance indicators/independent project evaluation.**

**More young people with ADHD and autism receive specialist mental health support resulting in their improved mental health of which (i)80% experience reduced isolation preventing further mental health issues and (ii)65% have increased self-esteem and resilience - evidenced through baseline/end of engagement questionnaires/data monitoring/ performance indicators/independent project evaluation.**

**More young refugee/asylum-seekers/unaccompanied minors experiencing trauma/grief/loss access culturally-appropriate mental health support resulting in improved mental health of which (i)75% experience reduced symptoms of trauma including anxiety and stress and (ii)75% have increased self-esteem and resilience - evidenced through clinical baseline assessment & regular review/data monitoring/performance indicators/independent project evaluation.**

**More young LGBT+ people access specialist culturally-appropriate mental health support resulting in improved mental health of which (i)70% experience reduced isolation and negative self-image and (ii)70% have improved sense of belonging and self-esteem, evidenced through baseline/end of engagement questionnaires/data monitoring/ performance indicators/independent project evaluation.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes. We will commission an independent report to review project success - including analysis of professional/clinical/service-user self-evaluation and make recommendations to improve project impact and effectiveness. This learning will**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**3,030**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Harrow (100%)**

What age group(s) will benefit?

**0-15**

**16-24**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**11-20%**



## Funding required for the project

— Subsequently Revised  
— see Annex A

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Partnership co-ordination	4,653	4,723	4,794	14,170
HeadsUp Outreach & Early Intervention Project Coordinator (1fte)	34,243	34,757	35,278	104,278
HeadsUp ADHD & Autism Young People Worker/Mentor (0.3fte)	8,738	8,869	9,002	26,609
HeadsUp Senior LGBT+ Young People Worker/Mentor (0.25fte)	10,000	10,150	10,302	30,452
HeadsUp Young People Refugee & Asylum-Seeker Therapist (0.4fte)	9,644	9,789	9,936	29,369
HeadsUp Self harm Psychotherapist AND Support Group Worker (0.25fte)	10,000	10,150	10,302	30,452
Group work for young people; sessions, workshops, courses	10,035	10,185	10,338	30,558
Evaluation, staff/vol training, publicity, office/premises costs	10,471	10,583	10,196	31,250
Supervision & governance	10,913	11,077	11,243	33,233
<b>TOTAL:</b>	<b>108,697</b>	<b>110,283</b>	<b>111,391</b>	<b>330,371</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Partnership management & coordination	4,653	4,723	4,794	14,170
HeadsUp Outreach & Early Intervention Project Coordinator (1fte)	34,243	34,757	35,278	104,278



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<b>TOTAL:</b>	<b>108,697</b>	<b>110,283</b>	<b>111,391</b>	<b>330,371</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	95,551
Activities for generating funds	0
Investment income	18,631
Income from charitable activities	919,382
Other sources	1,200
<b>Total Income:</b>	<b>1,034,764</b>

Expenditure:	£
Charitable activities	944,874
Governance costs	0
Cost of generating funds	17,100
Other	0
<b>Total Expenditure:</b>	<b>961,974</b>
<b>Net (deficit)/surplus:</b>	<b>72,790</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>72,790</b>

Asset position at year end	£
Fixed assets	18,165
Investments	7,884
Net current assets	626,282
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>652,331</b>

Reserves at year end	£
Restricted funds	81,376
Endowment Funds	0
Unrestricted funds	570,955
<b>*Total Reserves (B):</b>	<b>652,331</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
61-70%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	177,953	225,966	276,986
London Councils	0	0	0
Health Authorities	347,619	324,218	431,157
Central Government departments	0	31,873	48,413
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery Fund	2,358	87,316	84,830
Comic Relief	29,084	38,245	35,601
Tudor Trust	30,000	30,000	30,000
Trust for London	6,250	25,000	18,750
Henry Smith Charity	0	0	22,200

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Mark Gillham**

Role within                      **CEO**  
Organisation:



## Funding required for the project – Appendix A

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Partnership co-ordination	4,653	4,723	4,794	14,170
HeadsUp Outreach & Early Intervention Project Coordinator (1fte)	34,243	34,757	35,278	104,278
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<b>TOTAL:</b>	<b>108,697</b>	<b>110,283</b>	<b>111,391</b>	<b>330,371</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Partnership management & coordination	4,653	4,723	4,794	14,170
HeadsUp Outreach & Early Intervention Project Coordinator (1fte)	34,243	34,757	35,278	104,278



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Access All Areas</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Hackney</b>	
Contact person: <b>Mr Patrick Collier</b>	Position: <b>Executive Producer</b>
Website: <b><a href="http://www.accessallareastheatre.org">http://www.accessallareastheatre.org</a></b>	
Legal status of organisation: <b>Registered Charitable Incorporated</b>	Charity, Charitable Incorporated Company or company number: <b>1120588</b>
When was your organisation established? <b>16/08/2007</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Disabled people actively taking part in the arts or sport</b> <b>Disabled people reporting increased well-being as a result of taking part in the arts or sport</b>		
Please describe the purpose of your funding request in one sentence. <b>To run participatory creative workshops for adults with wide-ranging learning disabilities to improve well-being, increase confidence and self-esteem, and engage more fully in their community.</b>		
When will the funding be required? <b>16/10/2017</b>		
How much funding are you requesting?		
Year 1: <b>£29,200</b>	Year 2: <b>£29,200</b>	Year 3: <b>£29,200</b>
<b>Total: £87,600</b>		



**Aims of your organisation:**

Access All Areas is a theatre company for adults with learning disabilities. Its core objective is to provide opportunities to advance the education of people with learning disabilities through engagement in the arts, particularly but not limited to drama and dance, to develop life skills, improve their conditions and quality of life.

**Aims**

- Create ambitious and contemporary performance work by professional learning disabled artists
- Raise aspirations and increase employment opportunities for future generations of learning disabled people within the performing arts
- Creatively engage a broad range of learning disabled people with developing key life skills through accessible take part participation programmes
- Challenge public perceptions of learning disabilities through the performing artsEmbed, a best practice approach to access and inclusion throughout the company

**Main activities of your organisation:**

AAA delivers a broad range of creative arts activities, embracing adults with mild learning disabilities to those with profound and complex needs. Our work is divided into two strands

Performance, participation and training programme, Take Part, which offers distinct creative wellbeing projects including:

Spinning Wheel - multi sensory music and movement workshops for adults with profound and multiple learning disabilities

Departure Lounge - for those with moderate needs to support independent living skills

Black Cab Theatre Company - weekly community performing arts group that create and perform their own work

Performance Making Diploma - accredited training in professional performance-making in partnership with the Royal Central School of Speech and Drama

Professional opportunities for those pursuing a performance career within the arts, including:

The Triple 'A' agency - professional casting agency for adults with learning disabilities that provides real paid acting work in TV and theatre

Professional Performance Company - core ensemble of actors that perform professionally and respond to commissions

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>2</b>	<b>5</b>	<b>10</b>	<b>25</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>to March 2018 renewed annually</b>



## Summary of grant request

Access All Areas(AAA) is requesting £87,600 over three years to provide essential support for our extensive outreach and community programme "Take Part".

Take Part provides a variety of creative participatory arts workshops for adults(18+) with a diverse range of learning disabilities, from people with mild learning-disabilities to others with profound and severe needs.

A multi-award winning local charity, AAA is developing a reputation as a leader in accessible creative training ("Leading the way for diversity in the arts" -- Evening Standard). We're the only designated charity providing creative, life-skills and communication training to support the 4,613 adults with learning-disabilities in Hackney. Our programme, delivered by our small but dedicated team with extensive expertise working in this field, aims to reduce the daily barriers faced by adults with learning-disabilities, including loneliness, discrimination and mental health issues.

We ensure our projects are accessible to all, providing fun, creative and social opportunities which support participants with personal and social development. Feedback demonstrates that participants benefit from raised confidence and self-esteem, an increased sense of independence, and improved communication skills which enable them to participate more fully within their community.

With our work embedded in the local community, we are conscious of the impact of travel on our carbon footprint, and always aim to support local volunteers and staff to ensure minimum impact. We've recently undertaken a full environmental impact review which will guide us in further reducing environmental impact.

We work extensively with a highly-valued pool of 55 volunteers who provide support during our workshops, ensuring they receive bespoke and appropriate training in our creative support methodologies.

We embed user-led and person-centred methodologies throughout our practice, with learning-disabled trustees helping to shape long-term strategy, and individual participants consulting on all provision.

In recent years, we've divided our Take Part programme into 5 distinct projects, responding to diverse participant needs. All projects are delivered by professional trained facilitators and trained learning-disabled facilitators who provide unique peer support, employing 8 learning disabled adults per year on a regular basis. They run throughout the academic year with c.10 sessions per term of 2/3 hours, as follows:

**SPINNING WHEEL**-- weekly sensory music and movement workshops for adults with profound and multiple learning-disabilities to build communication and relationship skills, motor-neuron coordination and decision making. 341 workshops, engaging 190 participants over three years.

**DEPARTURE LOUNGE**-- weekly drama workshops for adults with moderate learning-disabilities and autism which use drama to develop confidence, communication and life skills. 90 workshops, engaging 45 participants over three years.

**BLACK CAB THEATRE COMPANY** -- weekly drama workshops for adults with mild to moderate learning-disabilities leading to professionally-led public performances devised by participants and professional learning-disabled peers. These productions have become an iconic local community presence in Hackney. 120 workshops, 5 small performances and two productions, engaging 45 participants over three years.

**SPRING BACK** -- creative training workshops for adults with mild to moderate learning-disabilities which help build coping mechanisms to deal with challenging situations and maintain well-being. 90 workshops, engaging 45 participants over three years.

**OUT&ABOUT** -- new creative wellbeing workshops for 18-25-year-olds with mild to



moderate learning-disabilities to support them at a critical life-stage, as they prepare to leave college and transition into adult life. Accreditation will be offered for participants to gain a Level 2 Certificate in Skills for the Creative Industries. Out&About also enables recruitment from diverse backgrounds into our other provision. 50 workshops, engaging 50 participants over three years.

Our work meets the Trust's programme outcomes in delivering diverse projects which enable disabled people to actively partake in arts provision which enhance their wellbeing, evidenced through participant and carer feedback.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**AIM awards accrediting Centre -- qualified status to issue accreditation recognised on national qualification framework.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Deliver 341 multi-sensory music and movement sessions for participants with profound and multiple learning disabilities and complex needs. Weekly sessions run over 3 years will engage 190 participants and their carers using our bespoke methodologies in creative communication and performance, alongside 30 volunteers, providing their time and learning our practices.**

**Deliver 90 entry-level performing arts training workshops over three years engaging up to 45 participants with moderate learning difficulties in drama, movement and music activities. Workshops are designed to be fun and social, helping to develop communication and interpersonal skills.**

**Deliver 120 performance training and rehearsal workshops over 3 years for people with mild to moderate learning disabilities to devise and create 2 professionally-led productions, under the direction of a professional theatre-maker. During this time we will work with 50 cast members (up to 20 each year), and 20 volunteers.**

**Deliver 90 workshops, 30 per year for a total of 45 adults with mild to moderate learning disabilities over three years. Weekly creative wellbeing sessions will develop participants' skills and equip them with a 'Resilience Passport', a toolkit to utilise when facing challenging situations to aid resilience and independent living.**

**A pilot programme delivering 50 creative wellbeing workshops over three years (10; 10; 30 per year) engaging young people and preparing them for their transition into adult life, working in partnership with FE colleges and select young people's projects to capture young people who do not normally access our projects.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**190 participants with complex needs will demonstrate better communication skills, with increased knowledge for their carers, through training, in creative advocacy approaches. This will result in increased positive relationships and contribute to better support being available to participants outside of workshop sessions.**

**260 participants actively engaged in creative wellbeing sessions will benefit from training in techniques for resilience. Participants will report an increase in independent living skills, in better mental health and in being more active in the community and increased overall wellbeing as a consequence of their involvement in a project.**

**50 participants will devise and perform in 2 professionally-staged public productions, providing them with the opportunity to vocalise their own ideas and place their creative voices at the heart of the pieces. Thus exercising their autonomy, decision-making and collaborative abilities, equipping them with advanced independent living and advocacy skills.**

**50 young participants and college leavers will be better prepared for adult life after engaging in drama-based transition support workshops. Participants and parents will report lower levels of anxiety and increased knowledge of services and opportunities available to them.**

**80% of participants will continue to actively engage in arts provision through AAA. With 70% of participants progressing on to a higher level project within Take Part; 20 participants progressing onto professional training at Royal Central School of Speech and Drama; and 10 progressing into paid employment in the arts.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We have had significant success securing multi-year grants to sustain our programmes. Accordingly we will continue to actively fundraise from family trusts and statutory sources, including Eranda Rothschild Foundation and Hackney Local Authority respectively. We will also seek to extend our work with care providers/FE colleges paying for places for participants to diversify income and create a more sustainable model.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**162**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Hackney (85%)**

**London-wide (15%)**

What age group(s) will benefit?

**16-24**

**25-44**

**45-64**

**65-74**

**75 and over**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Associate Director (Project Manager)	14,563	14,962	15,715	45,240
Access Coordinator	11,390	11,700	12,436	35,526
Project Coordinator	10,117	10,404	10,887	31,408
Workshop lead facilitators / other tutors / crew / designers	37,550	40,200	43,100	120,850
Workshop co-facilitators with a learning disability, and support workers	15,420	15,886	16,583	47,889
Space hire	9,130	9,080	9,380	27,590
Workshop materials / production costs	1,450	3,200	1,250	5,900
Volunteer expenses	2,220	2,160	2,220	6,600
Admin / publicity / financial management	3,520	4,750	4,824	13,094

<b>TOTAL:</b>	<b>105,360</b>	<b>112,342</b>	<b>116,395</b>	<b>334,097</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smith Foundation	17,296	17,568	0	34,864
Robert Gavron Charitable Trust	3,750	6,450	0	10,200
Access to Work	6,720	6,960	7,320	21,000
Earned income (individual budgets, fess and ticket sales)	40,004	43,464	48,089	131,557

<b>TOTAL:</b>	<b>67,770</b>	<b>74,442</b>	<b>55,409</b>	<b>197,621</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Esmee Fairbairn	8,390	8,700	9,415	26,505
Henry Smith Foundation	0	0	17,871	17,871
Hackney Council	0	0	4,500	4,500
	0	0	0	0

<b>TOTAL:</b>	<b>8,390</b>	<b>8,700</b>	<b>31,786</b>	<b>48,876</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Associate Director (Project Manager)	7,000	7,000	7,000	21,000
Access Coordinator	0	0	0	0
Project Coordinator	2,500	2,500	2,500	7,500
Workshop lead facilitators / other tutors / crew / designers	12,200	12,200	12,200	36,600
Workshop co-facilitators with a learning disability, and support workers	4,500	4,500	4,500	13,500



Space hire	1,000	1,000	1,000	3,000
Workshop materials / production costs	500	500	500	1,500
Volunteer expenses	1,500	1,500	1,500	4,500
Admin, Publicity, and financial management	0	0	0	0
<b>TOTAL:</b>	<b>29,200</b>	<b>29,200</b>	<b>29,200</b>	<b>87,600</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>April</b>	Year: <b>2016</b>
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<b>Income received from:</b>	<b>£</b>
Voluntary income	1,196
Activities for generating funds	0
Investment income	37
Income from charitable activities	285,366
Other sources	2,184
<b>Total Income:</b>	<b>288,783</b>

<b>Expenditure:</b>	<b>£</b>
Charitable activities	286,810
Governance costs	0
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>286,810</b>
<b>Net (deficit)/surplus:</b>	<b>1,973</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>1,973</b>

<b>Asset position at year end</b>	<b>£</b>
Fixed assets	6,289
Investments	0
Net current assets	60,088
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>66,377</b>

<b>Reserves at year end</b>	<b>£</b>
Restricted funds	30,736
Endowment Funds	0
Unrestricted funds	35,641
<b>*Total Reserves (B):</b>	<b>66,377</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
31-40%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Several organisational changes have occurred:

AAA has increased its number of staff members, including employing two who are full-time, and 5 part-time.

From 1st June 2017 we changed from a registered charity to a Charitable Incorporate Organisation. This decision was taken by our Board of Trustees to reduce personal financial responsibility and change the governance operating model around the rights to cease operations.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	4,290	21,229	19,000
Health Authorities	0	0	0
Central Government departments	0	4,896	13,472
Other statutory bodies	30,209	37,300	56,250

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Leverhulme Trust	17,084	38,582	41,691
Henry Smith Foundation	19,800	22,400	22,500
Wellcome Trust	0	0	342,520
Mercers Charitable Trust	0	5,000	5,000
Tin Plate Workers	0	10,000	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Patrick Collier**

Role within                      **Executive Producer**  
Organisation:



# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Action Disability Kensington &amp; Chelsea</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Kensington &amp; Chelsea</b>	
Contact person: <b>Mr Jamie Renton</b>	Position: <b>Chief Executive</b>
Website: <b>http://www.adkc.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1045769</b>
When was your organisation established? <b>01/11/1981</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Work enabling disabled people of all ages to live independently</b> <b>Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives</b>		
Please describe the purpose of your funding request in one sentence. <b>Independent Lives KC will support disabled residents and carers in Kensington and Chelsea to live independently and be active and valued within their community.</b>		
When will the funding be required? <b>03/07/2017</b>		
How much funding are you requesting?		
Year 1: <b>£70,999</b>	Year 2: <b>£71,561</b>	Year 3: <b>£72,132</b>
<b>Total: £214,693</b>		



**Aims of your organisation:**

The aims / objects, as set out in our Memorandum of Association, are to further the interests of disabled people within the Royal Borough of Kensington & Chelsea, and to enable them to participate fully in the life of the community. Furthermore, we aim to be the voice of all disabled people in the Royal Borough of Kensington and Chelsea, enabling local disabled people to have a say in local, regional and national issues affecting disabled people.

**Main activities of your organisation:****Projects**

Disability-related Information and Advice - including support to completing disability-related benefits forms, accessible transport and signposting to other statutory, voluntary or private services etc.

Lifelong Learning - supporting local disabled people to access Mainstream education opportunities.

Disability Connect -- supporting socially isolated Disabled People.

Access Project - supporting involvement in Access issues/ running Access Awards.

Accessible Art Project (with ACAVA). Personal Budgets 1. Info and advice - low level information and advice. 2. Taking Control Project - higher level Direct Payment support / case work for Personal Budget recipients (funding ending June 2017).

**User Groups**

Peer support: Personal Budget User group / surgery, Positive Empowerment Group and Happy Group, Positive Rights Action Groups (campaigning).

Leisure based- chess and scrabble.

**Engagement Activities --**

Focus groups,

Consultation and Co-production opportunities,

Disabled People's Question time,

Supporting participation in Safeguarding Adults Reference Group and Accessible Transport meetings etc.

Chargable -- Wheelchair accessible scales, passport photos, complimentary therapies, Access checks. Accessible room hire.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>3</b>	<b>5</b>	<b>12</b>	<b>4</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>10 years unexpired</b>



## Summary of grant request

Following our successful 5-year Personal Budgets project, we held extensive consultation between Sept-Dec 16 including 2 events (65 and 70 people) and a phone survey (193 respondents), as well as gathering feedback from user groups, individuals and project staff.

100% supported broadening the scope of a new project to encompass all areas of Independent Living. 75% identified inability to prove their worth within the community through under-utilisation of skills & assets as a major issue. 46% raised concerns about inability to access information online as a barrier to full inclusion (25% of DP nationally have never used the internet

<https://www.ons.gov.uk/businessindustryandtrade/itandinternetindustry/bulletins/internetusers/2016>). 79% identified external factors e.g. urgent/unexpected finance/benefit--related issues (ONS report A08: almost 50% of "Equality Act" DP are economically inactive at end q4 2016), or loss of formal/informal care support services, negatively impacting progress towards / maintaining independent living.

Other key issues included lack of peer/independent support/advice as a key barrier to maintaining autonomy. Lack of accessible information - particularly through electronic platforms (exacerbated by the council's adoption of a "digital first" information provision policy). The current negative media rhetoric increasing feelings of being a burden, coupled with their skills/ experiences being unrecognised /undervalued. Responders expressed disempowerment and inability to influence decisions affecting them, including feel ill informed about their legal rights. For those with the greatest needs, insufficient levels of care/support results in complete social exclusion. This project aims to address all these concerns.

ADKC is a Disabled People's Organisation (DPO) with 36 years' experience delivering user-led services to local adult residents with physical/sensory/ hidden impairments. We are well-respected by local politicians, statutory service providers, voluntary and community groups and have a history of partnership work and mentoring. Members have particularly valued having:

- ? An independent DPO providing support/advice as needed.
- ? A personalised service based on individual needs.
- ? Non-time limited support.
- ? Peer support in a variety of ways including user groups.
- ? Controlling direction of the organisation to meet self-identified priorities
- ? Raising concerns in a "safe place" amongst people "who understand"
- ? Recognition as equal partners in co-production.

The project will be delivered from the ADKC offices 5 days a week, by a full time and a part time staff member. With outreach in accessible venues and home visits as required. Alternative communication methods e.g. What's App, Skype will be utilized.

Key learning from our previous project includes recognising the extent sudden/unexpected external issues can negatively impact progression towards self-defined goals and that short workshops work better than longer training programmes (due to health/care issues). We will welcome initial contact from all disabled people/their carers., with direct support or referral to other agencies as appropriate. Our holistic Independent Living service would include identifying the barriers that prevent independent living/inclusion, and personalised support to ensure choice/control.

As a user led DPO all our activities/projects are a direct result of consultation with beneficiaries, who shape all areas of our work at all stages (including evaluation). 90% of our board members, all volunteers and 75% of staff are DP. *Continues overleaf*



*Continued from previous*

We tailor support to individual circumstances -- enabling us to support people from diverse backgrounds. We mostly deal directly with DP, asking how we can support them best.

Volunteers are essential to the organisation's success. We tailor opportunities to volunteers stated skills/interests, providing appropriate induction /on-going support. Volunteers are considered first for job opportunities. We aim to develop more micro-volunteering opportunities so more people can support the organisation!

We regularly review our environmental policy and in previous years have gained an award as Environmental Champions.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Currently working towards an information and advice quality mark**

## **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Hold 11 Independent Living peer-support meetings per year and 3 Independent Living Summits with guests across the 3 years.**

**Work on a one-to-one basis with approximately 300 local disabled people / carers over the 3 years to identify and overcome barriers to independent living and inclusion, and/or to provide personalised plans and support to increase access to appropriate services and equipment which promote independent living, when requested.**

**Support change from a deficit to an asset based model including undertaking skills / assets / interest audits to support personal development action plans creation to identify opportunities to utilise individuals currently held and undervalued skills, and / or to source /provide training to develop new skills according to interest.**

**Provide basic computer / internet skills / social media training, and materials development skills, to create a beneficiary run / managed online Independent Living peer community support group and peer-created Independent Living resources, where possible utilizing beneficiaries skills e.g. translation, media skills etc.**

**Developing a non-tokenistic co-production partnership supporting local disabled people (and carers) during involvement opportunities with the LA and Health Authority to shape the strategic development of Independent Living services locally and supporting disabled people to have a voice in relevant local / regional / national consultations.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Disabled people and carers will have increased confidence and feel more valued by gaining new skills and / or being better able to utilise under-recognised skills / assets.**

**Disabled people and their carers will report increased wellbeing through meaningful involvement in community-life and participation in strategic decision making.**

**Disabled people and carers will report feeling more self-sufficient by being able to better access appropriate information about statutory and community support and being linked in with peers.**

**Newly disabled people and those whose existing condition deteriorates will report feeling supported to develop or regain as much choice and control over their lives as possible to have an independent life.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We envisage members gaining skills that would enable an element of peer support going forward. As a user-led organisation, members are fully involved in deciding the direction of the organisations activities. As such, we would consult in the second year to decide whether to continue the project, as we have done with designing this project, and seek funding accordingly.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**150**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Kensington & Chelsea (100%)**

What age group(s) will benefit?

**All ages**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**81-90%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff wages, NI, pension	45,235	45,235	45,235	135,705
general running expenses	6,775	6,944	7,118	20,837
staff, volunteers and beneficiaries travel	1,250	1,500	1,750	3,750
information production	2,000	2,000	2,000	6,000
Training for beneficiaries, volunteers and staff	2,500	2,500	2,500	7,500
Accommodation, room hire and refreshments	7,637	7,780	7,927	23,344
Accessibility costs (adaptations / special formats etc)	1,200	1,200	1,200	3,600
Line Management	4,208	4,208	4,208	12,606
Consultation and subscription	200	200	200	600

<b>TOTAL:</b>	<b>70,999</b>	<b>71,561</b>	<b>72,132</b>	<b>214,693</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Wages NI, pension and on-cost	45,235	45,235	45,235	135,703
Travel for staff, volunteers and beneficiaries	1,250	1,500	1,750	4,500
General running expenses	6,775	6,944	7,118	20,837
Information production	2,000	2,000	2,000	6,000
Training for staff volunteers and beneficiaries	2,500	2,500	2,500	7,500
Accommodation, meeting room hire, refreshments	7,637	7,780	7,927	23,344
Accessibility costs	1,200	1,200	1,200	3,600
consultancy advice and subscription	200	200	200	600
Line Management	4,202	4,202	4,202	12,606

<b>TOTAL:</b>	<b>70,999</b>	<b>71,561</b>	<b>72,132</b>	<b>214,693</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	1,324
Activities for generating funds	13,333
Investment income	1,518
Income from charitable activities	225,541
Other sources	0
<b>Total Income:</b>	<b>241,716</b>

Expenditure:	£
Charitable activities	247,956
Governance costs	6,676
Cost of generating funds	1,824
Other	0
<b>Total Expenditure:</b>	<b>256,456</b>
<b>Net (deficit)/surplus:</b>	<b>-14,740</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>-14,740</b>

Asset position at year end	£
Fixed assets	19,883
Investments	0
Net current assets	285,553
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>305,436</b>

Reserves at year end	£
Restricted funds	22,424
Endowment Funds	0
Unrestricted funds	283,012
<b>*Total Reserves (B):</b>	<b>305,436</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
51-60%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	177,559	161,618	156,644
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery	58,863	24,433	53,940
Notting Hill Churches	2,000	500	900
	0	0	0
	0	0	0
	0	0	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Jamie Renton**

Role within                      **Chief Executive**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>AHOY Centre</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Greenwich</b>	
Contact person: <b>Mr Clive Ongley</b>	Position: <b>CEO</b>
Website: <b>http://www.ahoy.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1084122</b>
When was your organisation established? <b>02/08/2000</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Disabled people reporting increased well-being as a result of taking part in the arts or sport</b> <b>Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living</b>		
Please describe the purpose of your funding request in one sentence. <b>Implement a 2-year sailing and life skills developing project (Sail to Prevail), to support 60 disabled people aged 16 plus within Greenwich, Lewisham and Southwark.</b>		
When will the funding be required? <b>01/01/2018</b>		
How much funding are you requesting?		
Year 1: <b>£53,652</b>	Year 2: <b>£50,052</b>	Year 3: <b>£0</b>
<b>Total: £103,704</b>		



**Aims of your organisation:**

The AHOY Centre is a respected, water sports based, registered charity that supports and changes the lives of disadvantaged, at risk young people and adults (including those with a disability) living in Greenwich and surrounding areas. We use watersports as a medium to educate, train and support young people and adults who are at risk, helping them to gain practical experience with transferable skills.

We aim to support disadvantaged young people and adults to:

?Access challenging outdoor activities that negate sedentary lifestyles and promote health and wellbeing.

?Access skills based training to achieve nationally recognised qualifications.

?Become more confident and communicative, developing valuable interpersonal skills.

?Be full participants in all the opportunities AHOY offers to gain important transferable and employable skills that move people towards greater independence.

**Main activities of your organisation:**

**Sailing and Rowing Activities:** Utilising the River Thames to provide safe and exciting training & activities, we engage people whilst increasing their concentration, alertness/awareness, as well as improving their physical and mental health. We use the medium of sailing & rowing to educate and provide practical learning, supporting values learned in the classroom while instilling additional life skills through team work, communication and problem solving, providing a true Kinaesthetic learning experience.

**Shipmates:** This volunteer programme delivers alternative education, team building opportunities and transferable skills across several areas of the charity for 8-18 year olds. We equip young people with the key skills required to work as a team, including communication capabilities. We also provide apprenticeships for 16-24 year olds through our Activity Leadership Programmes.

**Sailability:** Our facilities are reported as a ?centre of excellence? by the Royal Yachting Association ( RYA). The centre provides complete wheelchair access, enabling our participants to enjoy integrated water-based activities whilst learning new skills.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>9</b>	<b>7</b>	<b>4</b>	<b>68</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	



## Summary of grant request

We propose implementing a 2-year sailing and life skill building project, called 'Sail to Prevail' (STP). Running from Dec 2017/Jan 2018 ? Dec 2019, this project will support 30 disabled people (with either a physical, sensory or learning disability), per year (60 in total), aged 16 plus and who are living within 3 local London Boroughs: Greenwich, Southwark and Lewisham.

Many of those with learning disabilities may be considerably older than 16 but quite often will have a mental age of 12 to 16. By recruiting a Full-Time Equivalent Assistant Sailing Instructor/Mentor (35 Hours per week), along with 8 local trained Assistants/volunteers and AHOY ?Shipmates? (trained in disability awareness), our STP project will support beneficiaries as follows:

?Access to water sports: Expanding on our 'Sailability' service, 60 people with disabilities (30 per year) will be able to participate in 26 inclusive (life changing) sailing, rowing, and other integrated water-based activity sessions per year (52 sessions in total). These activities will engage beneficiaries while equipping them with lifelong values (teamwork, confidence, friendship).

?Mentoring/Life Skills Development Sessions: All beneficiaries will receive a minimum of 20 1-hour long life coaching sessions, per year, delivered by the Assistant Sailing Instructor/Mentor. As the project progresses, those that need additional support will receive 1-hour sessions each week. Sessions will focus on supporting people with disabilities to self-develop and have greater independence (adapted to their level of ability).

?Peer Support Groups: We will set up and run a minimum of 1 peer support group session per month, running for 2 hours. If required further sessions will be implemented.

The 16 plus age group is a turbulent period for most people but this is further compounded for those living with a disability. Many of the people we support are living with either physical mobility impairments, Learning Disabilities (LD) including, Asperger?s, Down syndrome, ADHD, or other mental health conditions. Subsequently most have been isolated from sports, social activities and mainstream society at large, due to:

- ? Fear of discrimination.
- ? Lack of self-esteem.
- ? 'Non-disabled friendly? facilities creating a barrier of entry.
- ? Prevailing misconceived notions (held by both disabled and non-disabled people) on their ability to participate in sporting activities and achieve personal goals despite their disability.
- ? Lack of knowledge concerning support services in their community.

Our recent evaluation reports that 95% of our disabled service users enjoy the watersports and have significantly benefitted from the experience, reporting improvements in their wellbeing, forming new friendships, gaining self-confidence and learning the value of teamwork within a refreshingly uncommon environment. However, we learned there is a growing need among these users to have a more sustainable social interaction with their peers, both within and outside of the water based activities.

Our project will not only address the beneficiaries' crucial need for support, but also provide them with unforgettable lifelong experiences.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**We are a registered: RYA (Royal Yachting Association) Training Centre & Sailability Centre plus British Rowing and NCFE training Centre**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**60 people with disabilities (30 per year) will be able to participate in 26 inclusive (life changing) sailing, rowing, and other integrated water-based activity sessions per year (52 sessions in total).**

**All beneficiaries will receive a minimum of 20 1-hour long life coaching sessions, per year, delivered by the Assistant Sailing Instructor/Mentor. As the project progresses, those that need additional support will receive 1-hour sessions each week.**

**We will initially set up and run a minimum of 1 peer support group session per month, running for 2 hours. If required further sessions will be implemented.**

**Periodically, we will invite motivational speakers to the peer support groups to further motivate and encourage young people.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**We anticipate at least 90% of beneficiaries (54 disabled people) will report having a positive outlook and greater self-confidence to be self-sufficient as a result of the sailing and rowing activities.**

**We anticipate 70% of beneficiaries (42 disabled people) will show increased enthusiasm in our watersports or accessing other inclusive local sports services as a result of our signposting support.**

**We anticipate 90% of beneficiaries (54 disabled people) will report making new acquaintances/friends with non-disabled users and feeling less isolated, as a result of the water sports and peer support group sessions.**

**100% of disabled people will receive a minimum of 60 hours of life coaching and peer group support, which we anticipate will result in increased personal goal achievement, greater awareness of local support services and reduced levels of depression.**

**We anticipate 90% of service users will progress to gaining an RYA Sailability Award (in bronze, silver or gold) as a result of participating in the sailing and rowing activities.**



Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We do intend to continue activity post project, taking lessons from the evaluations to gain insight into improving the project further. Evidencing the success and impact of the project will enable us to seek further funding to support disabled people, either from other foundations or alternative funding from local authorities.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**30**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Greenwich (40%)**

**Lewisham (35%)**

**Southwark (25%)**

What age group(s) will benefit?

**16-24**

**25-44**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Assistant Sailing Instructor/Mentor	31,226	31,226	0	62,452
Outreach Support costs	5,500	5,500	0	11,000
Assistant/Volunteer -Training & support	7,200	3,600	0	10,800
Staff Management/Administration - telephone - printing	8,276	8,276	0	16,552
Assistants/volunteers - transport - refreshments	1,450	1,450	0	2,900
Equipment - maintenance - repairs	12,000	9,000	0	21,000
Licenses - fees - certification - log books	1,500	1,500	0	3,000
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>67,152</b>	<b>60,552</b>	<b>0</b>	<b>127,704</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
AHOY sponsored rowing Challenges	12,000	12,000	0	24,000
	0	0	0	0

<b>TOTAL:</b>	<b>12,000</b>	<b>12,000</b>	<b>0</b>	<b>24,000</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
none anticipated	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Assistant Sailing Instructor/Mentor	31,226	31,226	0	62,452
Outreach Support costs	5,500	5,500	0	11,000
Assistant/Volunteer -Training & support	7,200	3,600	0	10,800
Staff Management/Administration - telephone - printing	8,276	8,276	0	16,552
Assistants/volunteers - transport - refreshments	1,450	1,450	0	2,900
	0	0	0	0

<b>TOTAL:</b>	<b>53,652</b>	<b>50,052</b>	<b>0</b>	<b>103,704</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>December</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	944,264
Activities for generating funds	0
Investment income	2,354
Income from charitable activities	60,990
Other sources	14,366
<b>Total Income:</b>	<b>1,021,974</b>

Expenditure:	£
Charitable activities	642,722
Governance costs	2,505
Cost of generating funds	140,265
Other	0
<b>Total Expenditure:</b>	<b>785,492</b>
<b>Net (deficit)/surplus:</b>	<b>236,482</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>236,482</b>

Asset position at year end	£
Fixed assets	947,454
Investments	0
Net current assets	334,380
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>1,281,834</b>

Reserves at year end	£
Restricted funds	748,562
Endowment Funds	0
Unrestricted funds	533,272
<b>*Total Reserves (B):</b>	<b>1,281,834</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

NA



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
London Marathon Trust	0	0	100,000
The Alfred & Peggy Trust	0	0	61,200
Big Lottery	85,500	0	0
Fidelity UK	0	30,000	0
Garfield Western	0	30,000	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Clive Ongley**

Role within                      **CEO**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>The Royal Society for Blind Children</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Hackney</b>	
Contact person: <b>Mr Pierluigi Garibaldi</b>	Position: <b>Senior Income Generation Executive</b>
Website: <b><a href="http://www.rsbc.org.uk/">http://www.rsbc.org.uk/</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>307892</b>
When was your organisation established? <b>08/01/1838</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living</b>		
Please describe the purpose of your funding request in one sentence. <b>Working with employers to create a strong enabling environment that will dramatically increase the chances of blind young people to find sustained employment.</b>		
When will the funding be required? <b>16/10/2017</b>		
How much funding are you requesting?		
Year 1: <b>£32,192</b>	Year 2: <b>£39,124</b>	Year 3: <b>£42,639</b>
<b>Total: £113,955</b>		



**Aims of your organisation:**

The Royal Society for Blind Children's mission is to ensure that no child in the UK should grow up to be poor or lonely just because they are blind.

We work with blind and partially sighted children and young people up to the age of 25, equipping them with the social, practical and emotional skills to lead the active and fulfilling lives to which they aspire.

**Main activities of your organisation:**

Through an expert blend of education, sport, creative and developmental services, we support blind and partially sighted young people to develop to their full potential and live and learn for the life they want. This work includes the following provision:

- ? Family Support Service for parents and families who struggle to cope with their child's diagnosis, giving practical and emotional support within their own homes.
- ? Employability services offering tailored pre-employment skills, work placements opportunities, advice and support on how to find work.
- ? Social and Peer groups for children and young people to socialise, access mainstream community activities and boost personal development, self-confidence and life skills.
- ? Health and wellbeing services providing vision impaired children and young people with practical information about nutrition and healthy lifestyle as well as experience in a range of physical activities in their local community.
- ? A specialist residential Further Education college, partnering local mainstream colleges with RSBC supporting students living in community houses.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>65</b>	<b>35</b>	<b>13</b>	<b>135</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>Two years</b>



## Summary of grant request

### Aim

The proposed project aims to dramatically increase the opportunities for blind and partially sighted young people to secure sustained employment.

### Need

Employment is a key issue for blind and partially sighted (BPS) young people (YP): according to RNIB Sight Loss Data (2016), only 25% of registered BPS people of working age are in employment.

The main reason for this is that employers are not open to employing BPS YP, due to perceptions that they won't be able to deliver the work effectively, or that they would need continuous intensive support. This is evidenced by our own experience and continuously cited as the principal barrier to disabled young people finding work.

Research carried out by RSBC's Youth Forum, a group of blind young people who guide and inform RSBC services, confirms this:

- ? 9 out of 10 employers rate BPS people as either 'difficult' or 'impossible' to employ;
- ? over 60% of the BPS young people surveyed were looking for work.

This project will supplement and improve our existing employability programme, funded by Big Lottery Fund: we have achieved significant outcomes in improving the emotional and practical skills of blind young people to find work, but our experience shows that securing employment following the programme is still an issue, as employers are generally reluctant to offer more than a two week work placement.

### Work

We will leverage the Government's strategy that sets a target of 3 million new apprenticeships by 2020: this is a key opportunity for us to engage employers, address their concerns and create an enabling environment to introduce blind young people into apprenticeships that will open doors to future sustained employment.

To achieve this, across three years we will:

- ? identify, engage and prepare a wide range of employers to offer apprenticeships to BPS YP;
- ? liaise with education providers to place RSBC as a gateway for YP to access these opportunities;
- ? provide ongoing support to both employers and YP during the apprenticeship.

As a result, employers will be better equipped to employ BPS YP, and BPS YP will gain professional and personal experience crucial to securing future employment.

We will work with 40 employers and 40 young people across two cycles of implementation. Feedback will be sought quarterly and provision adapted accordingly. Learning from the first cycle will be embedded in the second cycle, which will draw conclusions.

As best practices will be identified, we expect to replicate the project on a larger scale and embed results in our future provision, and share results to encourage others in the sector to learn from and implement our learning.

### Why us?

RSBC has been working with BPS YP since 1838. Our work in employability stretches back to the 1900s when we ran a home workers scheme to allow people to learn a trade and find work.

Our staff has considerable experience in the field and we have all policies and procedures necessary to manage and deliver large scale services for BPS YP.

We operate under PQASSO Level 1 and Investors in People Silver standards.

### Meeting Trust's outcome

This project directly addresses the Trust's aim of making London more inclusive, as employment is key to disabled young people making the transition into adulthood and



independent living.

**Good practice**

We work exclusively with BPS YP, with no restrictions regarding background and culture. They are actively involved in the design, development and evaluation of our services, which are individually tailored to their aspirations and needs. Our 135 volunteers benefit from comprehensive training, support and the opportunity to achieve AQA accreditation. We have reviewed our environmental impact and begun implementing improvements.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**We hold PQASSO Level 1 and Investors in People Silver**

**Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Year 1,2: Identify and cultivate relationships with 40+ private and public employers to understand how their apprenticeships schemes work and how receptive they are to BPS YP, with a view to supporting them to provide apprenticeships to blind young people.**

**Year 1,2,3: Deliver up to 4 workshops to each employer to prepare them to offer apprenticeships to our YP. We will improve their knowledge and address their concerns around blind young people, as well as providing logistical and technological solutions. A set of guidelines will be provided to employers.**

**Year 1,2,3: Liaise with 40+ education providers with BPS students across different London boroughs to place RSBC as a gateway organisation for blind students to access apprenticeships opportunities.**

**Year 1,2,3: ongoing 1:1 sessions with young people and regular meetings with employers to provide support during the apprenticeship and discuss progress, achievements, and possible issues from both sides.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**40 employers are better equipped to employ BPS young people, having a better understanding of their aspirations, capabilities and needs in the workplace and how to address them.**

**40 employers are committed and motivated to continue to offer employment opportunities to blind and partially sighted young people, cascading their knowledge and experience -- therefore increasing the number of employers open to offering opportunities to blind young people.**

**40 blind and partially sighted young people have successfully completed apprenticeships that will provide them with professional and personal skills crucial for their inclusion in the job market.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes. This funding will enable us create evidence to attract further funds to engage with a wider range of employers and enable them to offer employment opportunities to blind young people. We are constantly striving to diversify our sources of income and we look at a range of potential funding sources including statutory, governmental, large trusts and corporates.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**160**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Newham (20%)**

**Lewisham (20%)**

**Tower Hamlets (20%)**

**Lambeth (20%)**

**Bromley (20%)**

What age group(s) will benefit?

**16-24**

**25-44**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management (Community Services and Partnership Director, Programmes Manager)	1,591	1,607	1,623	4,821
Delivery (Senior Employment Support Advisor, Employment Support Advisor, Engagement Officers)	27,406	23,564	23,799	74,769
Monitoring and Evaluation (Head of Research, Research Officer)	3,618	3,654	6,455	13,727
Administration (Community Services and Partnership Administrator)	392	396	400	1,188
Direct costs for Workshops	4,800	4,800	4,800	14,400
Overheads @ 15%	5,671	5,103	5,562	16,336
<b>TOTAL:</b>	<b>43,478</b>	<b>39,124</b>	<b>42,639</b>	<b>125,241</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Fund	11,286	0	0	11,286
<b>TOTAL:</b>	<b>11,286</b>	<b>0</b>	<b>0</b>	<b>11,286</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management (Community Services and Partnership Director, Programmes Manager)	703	1,607	1,623	3,933
Delivery (Senior Employment Support Advisor, Employment Support Advisor, Engagement Officers)	17,400	23,564	23,799	64,763
Monitoring and Evaluation (Head of Research, Research Officer)	3,618	3,654	6,455	13,727
Administration (Community Services and Partnership Administrator)	0	396	400	796
Direct costs for Workshops	4,800	4,800	4,800	14,400
Overheads @ 15%	5,671	5,103	5,562	16,336
<b>TOTAL:</b>	<b>32,192</b>	<b>39,124</b>	<b>42,639</b>	<b>113,955</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>December</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	2,815,000
Activities for generating funds	104,000
Investment income	34,000
Income from charitable activities	1,284,000
Other sources	915,000
<b>Total Income:</b>	<b>5,152,000</b>

Expenditure:	£
Charitable activities	342,000
Governance costs	80,000
Cost of generating funds	1,921,000
Other	0
<b>Total Expenditure:</b>	<b>5,451,000</b>
<b>Net (deficit)/surplus:</b>	<b>-126,000</b>
<b>Other Recognised Gains/(Losses):</b>	<b>173,000</b>
<b>Net Movement in Funds:</b>	<b>126,000</b>

Asset position at year end	£
Fixed assets	128,000
Investments	1,803,000
Net current assets	1,492,000
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>3,423,000</b>

Reserves at year end	£
Restricted funds	782,000
Endowment Funds	25,000
Unrestricted funds	2,616,000
<b>*Total Reserves (B):</b>	<b>3,423,000</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
11-20%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	387,392	654,986	552,834
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	622,377	433,764	219,512
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Postcode Dream Trust	0	0	190,000
John Lyons Charity	22,000	22,000	22,000
Sobell Foundation	0	0	20,000
Steel Charitable Trust	50,000	10,000	0
Benecare (formerly Beneficentia)	28,379	30,423	16,778

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Pierluigi Garibaldi**

Role within                      **Senior Income Generation Executive**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant

### About your organisation

Name of your organisation: <b>Domestic Violence Intervention Project</b>	
If your organisation is part of a larger organisation, what is its name? <b>N/A</b>	
In which London Borough is your organisation based? <b>Hammersmith &amp; Fulham</b>	
Contact person: <b>Ms Nathalie Ewing</b>	Position: <b>Funding &amp; Development Officer</b>
Website: <b><a href="http://www.dvip.org">http://www.dvip.org</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1083549</b>
When was your organisation established? <b>02/03/1992</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London Safer</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b> <b>Children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice</b>		
Please describe the purpose of your funding request in one sentence. <b>Contribution to the salaries of Yuva practitioners delivering a specialist child to parent violence service for disadvantaged and vulnerable young people and their parents.</b>		
When will the funding be required? <b>01/11/2017</b>		
How much funding are you requesting? Year 1: <b>£33,908</b> Year 2: <b>£34,247</b> Year 3: <b>£34,589</b>  <b>Total: £102,744</b>		



**Aims of your organisation:**

We are the Domestic Violence Intervention Project (DVIP). We were set up in 1992 with the aim of keeping women, young people and children safe from domestic violence and building safer and happier communities across London.

We deliver specialist programmes to help perpetrators stop being abusive, support the recovery of survivors and help young people and children be safe in their homes.

Today, we are the UK's largest provider of community based domestic violence perpetrator programmes and the only organisation in London developing and delivering a range of specialist services to all members of families affected by domestic violence. Every year we help over 1800 adults, young people and children.

**Main activities of your organisation:**

We provide the following range of community based programmes and services across London:

- Respect accredited violence prevention programmes to support and challenge perpetrators to change their abusive behaviours.
- Partner support services to empower survivors to recover and rebuild their lives.
- Yuva service for young people (11-18) who are being abusive in their close relationships.
- Support service for victims of young people's violence.
- Specialist therapy service for children and young people aged 3 to 17.
- Al-aman, the UK's only language and culture specific domestic violence service for men and women from Arabic speaking communities.
- Men & Masculinities programme, the UK's first and only perpetrator programme, with linked partner support, for men who are in treatment for alcohol or substance use.
- Expert risk assessments for the family courts.
- Multi-agency domestic violence training and consultancy.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>26</b>	<b>22</b>	<b>7</b>	<b>20</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>1 year - yearly renewal</b>



## Summary of grant request

We are requesting funding to contribute to the salaries of our specialist Yuva service staff. Yuva helps young people aged 11-18 who are using abusive behaviour towards their parents and provides a parallel support service for their parents.

We aim to help young people develop healthier and happier relationships with their families. We support, empower and challenge young people to make positive changes and take responsibility for their abusive behaviour and its impact on both their parent and themselves. We work with parents to increase their safety and wellbeing, help them understand the impact of domestic violence and support them to improve the parent-child relationship.

### The Need:

Each year, ParentLine receives over 12,000 calls relating to child to parent violence (CPV) (Parentline 2013), whilst Child-Line reported a 37% increase in calls in 2013 where young people talked about being the abuser. Research by SafeLives showed 25% of children exposed to domestic violence exhibited abusive behaviours, most frequently towards their mother (Safe Lives Children's Insights 2015-17). In addition, an online survey by Family Lives showed that only 56% of parents experiencing abuse from their child seek help to respond to their child's aggressive behaviour. 35% of parents responding to the survey had not sought help because they did not know where to go and a further 11% did not seek help because of the stigma associated with being abused by their child (Family Lives, 2011). Furthermore, in 75% of cases we work with, the young people and parents are also victims of domestic violence.

However, we are one of only two services in London offering a specialist CPV service and are having to turn away families as we do not have the capacity to help everyone referred to us. Unfortunately, over the last two years we have been unable to take referrals from 100 families.

### Why we are the right organisation to deliver this work:

We have 25 years of experience in addressing the impact of domestic violence on (adult, young people and child) victims and of developing and delivering multifaceted interventions that address use of violence and abuse in close relationships.

Our Yuva service has supported over 400 vulnerable young people and parents since 2010. Our evaluations show:

- 78% of young people engaged in our service improve their relationships with family members.
- 80% of parents report having a better relationship with their child and that their child's behaviour has improved.
- over 90% of referring professionals rate the Yuva service highly and report that our intervention helps improve family relationships.

We employ skilled staff with in-depth understanding of domestic violence and extensive experience of working with young people.

### How we meet the Trust's programme outcome

Our project responds to the need for increased specialist services for survivors of domestic violence, specifically young people and parents affected by child to parent violence which continues to be a hidden, misunderstood and stigmatised issue.



How we meet the Trust's Good Practice principals

1. **Service-user involvement:** The Yuva service is person centred and we undertake continuous age-appropriate evaluations and focus groups to ensure we receive service-user feedback to inform service delivery.
2. **Diversity:** We have an Equal Opportunities Policy, we carry out diversity audits, our staff and volunteers come from a range of backgrounds reflecting the diversity of the people we work with, and we reach out to communities across London through our outreach activities.
3. **Volunteers:** We recognise the value of volunteers and ensure they receive appropriate support and training.
4. **Carbon Footprint:** Our Sustainable Development Policy outlines our responsibilities and objectives in reducing our environmental impact.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Respect Accreditation**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Child to parent violence (CPV) intervention programme for young people.**

**Child to parent violence (CPV) support programme for parents.**

**Child to parent violence (CPV) group programme for parents.**

**Training courses for professionals working with families affected by CPV.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Young people build their own awareness and understanding of healthy and respectful relationships helping them to increase their safety and well-being.**

**Young people increase their communication skills and self-esteem.**

**Parents feel safer and better equipped to manage their relationship with their child.**

**Parents benefit from peer support and feel less isolated.**

**Professionals increase their awareness of CPV and how to respond to it.**



Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes, our Funding and Development Team will work with the Head of Children and Young People's Services to identify and access diverse sources of funding (fundraising events, grant funding, corporate support, philanthropic giving) to build a sustainable funding base and maintain and develop service delivery. Additionally, this year we are hosting a conference focussing on our work with young people.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year? <b>30</b>
In which Greater London borough(s) or areas of London will your beneficiaries live? <b>London-wide (100%)</b>
What age group(s) will benefit? <b>All ages</b>
What gender will beneficiaries be? <b>All</b>
What will the ethnic grouping(s) of the beneficiaries be? <b>A range of ethnic groups</b>
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? <b>11-20%</b>



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	87,028	87,898	88,777	263,703
Other staff costs	2,929	2,959	2,988	8,876
Direct expenditure	325	328	332	985
Office expenses	2,233	2,255	2,278	6,766
Premises	5,309	5,362	5,416	16,087
Recharged core costs	13,054	13,185	13,317	39,556
	0	0	0	0

<b>TOTAL:</b>	<b>110,878</b>	<b>111,987</b>	<b>113,108</b>	<b>335,973</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
LB Southwark (MOPAC)	20,000	0	0	20,000
LB Haringey	11,433	0	0	11,433
Buttle UK	10,000	0	0	10,000
	0	0	0	0

<b>TOTAL:</b>	<b>41,433</b>	<b>0</b>	<b>0</b>	<b>41,433</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
William Wate Memorial Trust	10,000	8,000	6,000	24,000
Garfield Weston Foundation	30,000	0	0	30,000
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>40,000</b>	<b>0</b>	<b>0</b>	<b>54,000</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries (inc NI, Pension & ILW)	27,474	27,749	28,027	83,250
Other staff costs	762	770	777	2,309
Travel & subsistence	100	101	102	303
Volunteer expenses	100	101	102	303
Office expenses	350	354	357	1,061
Premises	1,000	1,010	1,020	3,030
Core costs	4,121	4,162	4,204	12,487
	0	0	0	0

<b>TOTAL:</b>	<b>33,907</b>	<b>34,247</b>	<b>34,589</b>	<b>102,743</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	1,356,005
Activities for generating funds	664,508
Investment income	0
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>2,020,513</b>

Expenditure:	£
Charitable activities	2,037,705
Governance costs	0
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>2,037,705</b>
<b>Net (deficit)/surplus:</b>	<b>-17,192</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>17,192</b>

Asset position at year end	£
Fixed assets	9,467
Investments	0
Net current assets	299,155
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>308,622</b>

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	308,622
<b>*Total Reserves (B):</b>	<b>308,622</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
61-70%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Staff - new:

- CEO, Dr Marianna Tortell
- Head of Children & Young People's Services, Linda Andrew



## Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	722,209	931,628	1,049,511
London Councils	20,633	20,633	20,633
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	97,209	73,660	221,758

## Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		Year 3 £	Year 2 £	Most recent £
Big Lottery	87,708	92,854	115,809	
Lankelly Chase	61,000	62,000	65,000	
BBC Children In Need	32,361	33,135	33,464	
London Councils	20,633	20,633	20,633	
Henry Smith Charity	19,950	20,150	5,050	

## Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Nathalie Ewing**

Role within                      **Funding & Development Officer**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Everyman Project</b>	
If your organisation is part of a larger organisation, what is its name? <b>no</b>	
In which London Borough is your organisation based? <b>Islington</b>	
Contact person: <b>Ms LALIT JOSHI</b>	Position: <b>PROJECT DEVELOPER/FUNDRAISER</b>
Website: <b><a href="http://www.everymanproject.co.uk">http://www.everymanproject.co.uk</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1113568</b>
When was your organisation established? <b>31/08/2005</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London Safer</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b> <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b>		
Please describe the purpose of your funding request in one sentence. <b>Funds are requested for delivery of free proactive services to empower victims/survivors and to improve their safety, health, wellbeing including safety planning on keeping children safe.</b>		
When will the funding be required? <b>01/11/2017</b>		
How much funding are you requesting?		
Year 1: <b>£24,005</b>	Year 2: <b>£25,920</b>	Year 3: <b>£25,920</b>
<b>Total: £75,845</b>		



**Aims of your organisation:**

Everyman Project operates for the benefit of the public by promoting eradication of male violence, in particular intimate and interpersonal violence, and relieving victims/survivors from the effect of such violence.

Our aim is to address root causes of violence, empower men and women so that both are able to have safe relationships, make informed choices, and enjoy improved well being. We enable individuals to break cycles of domestic and other interpersonal violence through our counselling programme for men and partner support service for the partners of the men (including same sex partners )/victims/survivors of violence.

Counselling programme for men is a unique, seven-month-long (30 weeks) integrative therapeutic programme designed to support and challenge men to cease their violent /abusive /controlling/ coercive behaviours consisting of 13 weekly one-to-one counselling sessions followed by 16 weekly group counselling sessions.

Partner Support Service proactively provides a range of free services including emotional support, practical advice, safety planning guidance and a choice of in person and telephone counselling.

**Main activities of your organisation:**

Activities include 30 week counselling programme for men, free partner support service for victims/survivors and participation in work to influence policy and practice.

30 week Counselling programme for men incorporates cognitive and educational approaches to challenge and change abusive, violent ,selfish, sexist attitudes and behaviours. Counselling addresses the emotional damage which underlies abusiveness to others. We support and challenge each man to accept responsibility for his own behaviour, for the consequences of his behaviour, and to commit to practicing changing his behaviour. Other programmes available in the UK, referred to as psycho-educational perpetrator programmes, contain a risk that a client will leave therapy without personal and individual issues being addressed.

Throughout the work, the safety of the man's partner or other victims/survivors of his violence is a primary priority. Partner Support Service proactively contacts victims/survivors to offer a range of free services including emotional support, practical advice, safety planning guidance and a choice of in person and telephone counselling.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>0</b>	<b>10</b>	<b>4</b>	<b>10</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>Lease expired 18/3/2017</b>



## Summary of grant request

Our experience and reports cited below indicate a need.

British Crime Survey ..domestic abuse affects one in four women and one in six men, women continue to be overrepresented as victims of domestic violence, suffering physical verbal, social, financial and emotional violence?  
<https://www.theguardian.com/commentisfree/2016/dec/14/domestic-abuse-statistics-ons-worse-education>

NHS resource for health professionals about Domestic Violence in London states domestic abuse, is chronically under reported,...', is the leading cause of morbidity for women aged 19-44 - greater than cancer, war... The wider impacts of mental ill health result in around £26 billion each year in total economic and social costs to London.  
[https://www.london.gov.uk/sites/default/files/gla\\_migrate\\_files\\_destination/Mental%20health%20report.pdf](https://www.london.gov.uk/sites/default/files/gla_migrate_files_destination/Mental%20health%20report.pdf)

Early Intervention Foundation estimate cost of late intervention for 2016-2017 to be 16.6 billion pounds.

Our website registered 23,328 Unique Visitors and 48,183 visits. Clients came to us via Social Services, Court Service, CafCass, lawyers and judges General Practitioner, and Improving Access to Psychological Services, and psychiatrists. We received over 1,000 enquiries and had clients all 32 London boroughs, ethnic, social and professional backgrounds.

Our UKCP accredited Psychotherapist proactively contacts partners (victims/survivors) of men joining Everyman Project Mens' counselling programme and offers them free and confidential services. Victims/survivors have a choice of receiving one or all services; emotional and practical support, safety planning guidance, advice and counselling, by phone, in person or in writing.

Last year partners of 105 men assessed were contacted, 78 partners took up services. We delivered 249 in person counselling sessions, 27 telephone counselling sessions and 47 telephone support sessions. The 105 men had 130 children under their care.

We aim to empower victims/survivors to make informed choices, keep themselves and their children safe.

We have been delivering Mens' Counselling for over 20 years and partner support services for over 8 years. In 2009 Kings Fund recognised our work for its contribution to mental health. Service for victims/survivors is run and delivered by a UKCP accredited Psychotherapist. Client feedback has been consistently positive.

We are committed to promoting equal opportunities, diversity and prohibiting unlawful or unfair discrimination.

We have 3 Patrons in the House of Lords, good governance and management. We are members of the Centre for Social Justice Poverty Alliance, Womens' Resource Centre, National Practitioners Network, Mayor's London Assembly Police & Crime Committee, UK SAYS NO MORE CAMPAIGN. We are this year's local Charity partner for TSB Bank Archway.

To improve safety, health and well being of victims/survivors, a UKCP accredited Psychotherapist will be delivering services to victims/survivors from London, providing advice and guidance on keeping yourself and your children safe, and emotional and practical support and counselling. Empowering survivors to make informed choices will in turn enable them to avoid or leave violent, abusive or exploitative situations and reclaim their lives.

Last year, 75% Survivors/victims felt better able to assert themselves, to make decisions and choices 50% reported feeling less isolated from friends, family. 62.5% Survivors/victims felt that the circumstances relating to their children and community life improved. They reported reductions in physical and emotional abuse by their partner and improved We use



communication. Weekly physical abuse dropped from 25% to zero, clients never experiencing emotional abuse doubled from 12.5% to 25%, 50% of partners remained in a relationship with their partner/ex-partner, and 50% did not. feedback from service users, staff and volunteers to develop our service. One trustee formerly staffed a domestic violence helpline. Our clients profile included 41% White UK, and 39% from BAME.

Many counsellors have been volunteering for over 10 years. Currently employed counsellors were former volunteers.

Where possible we use electronic communication, recycle, and switch off electronic equipment and lights.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

**Our service is accredited by the British Association of Counselling and Psychotherapy. Accreditation 'is for organisations that provide therapeutic counselling/psychotherapy services either as their sole service or as part of a portfolio of mental health and well-being services. Organisations must have a minimum of three qualified practitioners providing distinct counselling/psychotherapy services'.**

## Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Proactively provide free services for around 80 new clients; victims/survivors (including same sex partners) of intimate partner/interpersonal violence plus clients receiving ongoing support and counselling, with a choice of one or all services including emotional and practical support, advice, counselling and safety planning guidance on how to keep yourself and children safe.**

**Deliver free emotional and practical support and advice via telephone, in person or in writing for up to 80 new clients, victims/survivors of violence and abuse (including same sex partners) and for clients receiving ongoing support and counselling from Partner Support Services.**

**Deliver free safety planning guidance and advice via telephone, in person or in writing for up to 80 new clients, victims/survivors of violence (including same sex partners) and for clients receiving ongoing support and counselling from Partner Support Services.**

**Deliver free counselling via telephone, in person or in writing for up to 80 new clients, victims/survivors of violence and abuse (including same sex partners) and for clients receiving ongoing support and counselling from Partner Support Services.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Victims/survivors attending partner support service are empowered and have greater self Confidence levels, and have rebuilt trust in their ability to make decisions and informed choices**

**Victims/survivors attending partner support service are empowered and their ability to keep themselves and their children safe , and support their children improve**

**Victims/survivors attending partner support service are empowered to re-engage in social activity and are feeling less isolated from friends, family or other support**

**Victims/survivors attending partner support service are empowered to re-engage in work, leisure activities and participation in community life improves.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Organisation is using its reserves to meet its financial obligations.Funds available are sufficient to meet financial obligations until the end of this year. Our current funders will support us for a further 3 years if we have funding support from another funder. In the absence of funding we will need to make difficult decisions about reducing resources, availability of services.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**185**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**All ages**

**16-24**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>August</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	78,153
Activities for generating funds	45,479
Investment income	258
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>123,890</b>

Expenditure:	£
Charitable activities	75,166
Governance costs	11,416
Cost of generating funds	37,764
Other	12,447
<b>Total Expenditure:</b>	<b>136,793</b>
<b>Net (deficit)/surplus:</b>	<b>-12,903</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>12,903</b>

Asset position at year end	£
Fixed assets	249
Investments	0
Net current assets	85,720
Long-term liabilities	
<b>*Total Assets (A):</b>	<b>85,969</b>

Reserves at year end	£
Restricted funds	1,530
Endowment Funds	0
Unrestricted funds	84,439
<b>*Total Reserves (B):</b>	<b>85,969</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The organisation is using its reserves to meet its financial obligations. The available funds will enable us to meet our obligations until the end of this year. Our current funders will support us for a further 3 years if we have the support of another funder. In the absence of funding we will need to make difficult decisions about reducing resources availability of services.



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary ,NI Pension Partner Support Coordinator (PSP)	12,397	12,802	12,802	38,001
Administrative support and web updating	6,368	6,368	6,368	19,104
Professional Supervision and Training PSP	1,630	1,630	1,630	4,890
Volunteer Travel expenses, subsistence and Training	1,000	1,000	1,000	3,000
Office expenses/printing leaflets/accreditation/memberships	370	420	420	1,210
Premises ; Rent and Rates	900	3,500	3,500	7,900
Office equipment and maintenance	1,250	100	100	1,450
Audit accounts/insurance	90	100	100	290

<b>TOTAL:</b>	<b>24,005</b>	<b>25,920</b>	<b>25,920</b>	<b>75,845</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Oak Foundation considering overall Project Costs; they are not considering this proposal in isolation	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary ,NI Pension Partner Support Coordinator (PSP)	12,397	12,802	12,802	38,001
Administrative support and web updating	6,368	6,368	6,368	19,104
Professional Supervision and Training PSP	1,630	1,630	1,630	4,890
Volunteer Travel expenses, subsistence and Training	1,000	1,000	1,000	3,000
Office expenses/printing leaflets/accreditation/memberships	370	420	420	1,210
Premises ; Rent and Rates	900	3,500	3,500	7,900
Office equipment and maintenance	1,250	100	100	1,450
Audit accounts/insurance	90	100	100	290
<b>TOTAL:</b>	<b>24,005</b>	<b>25,920</b>	<b>25,920</b>	<b>75,845</b>



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Lloyds TSB Foundation for England and Wales	13,000	13,000	0
Oak Foundation	45,187	0	78,817
Tudor Trust	20,000	0	0
	0	0	0
	0	0	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Ms Lalit Joshi**

Role within                      **Project Developer/ Fundraiser**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Bikur Cholim Ltd</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Hackney</b>	
Contact person: <b>Ms Yocheved Eiger</b>	Position: <b>Chief Executive Officer</b>
Website: <b>http://www.bikurcholim.co.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1085965</b>
When was your organisation established? <b>10/09/1979</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Older Londoners</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Carers aged 65 years and over better able to access support, advice and respite</b>		
Please describe the purpose of your funding request in one sentence. <b>To provide practical and emotional support to older carers in order for them to be supported in their caring role.</b>		
When will the funding be required? <b>01/11/2017</b>		
How much funding are you requesting?		
Year 1: <b>£29,060</b>	Year 2: <b>£28,804</b>	Year 3: <b>£29,427</b>
<b>Total: £87,561</b> <i>291</i>		



**Aims of your organisation:**

Bikur Cholim's mission and aims are to relieve the effects of sickness, poor physical and mental health and old age, for people of the community in North London by assisting with the provision of support, facilities and services.

Established in 1979 in response to a local tragedy, Bikur Cholim was founded to ensure that no person would have to battle the challenges of illness and disability on their own. More than three decades since we were first established, our commitment to this ideal remains as principal as ever.

Although there is not much that can be done to prevent illness, there is a lot that can be done to reduce the pain that accompanies it. Bikur Cholim's values of person centred services and attitudes of respect, dignity and sensitivity as well as our unstinting commitment to confidentiality have enabled us to meet the individual needs of each of our service users.

**Main activities of your organisation:**

The main activities of the organisation include:

- a. Homecare - We are commissioned by local councils and privately to deliver homecare to Adults and Older People, People with Learning Disabilities, End of Life care and Children with Disabilities.
- b. Volunteering - Our team of over 130 volunteers provide visits at home and in hospital, deliver sandwiches to patients and carers atin hospital, befriending, accompaniment to GP and hospital appointments, respite to main carers etc. We also have a team of Young Volunteers who provide support to families in crisis with young children
- c. Mental Health Services - Including Mental Health Support Workers, Crisis Support and Talking Therapies - we are registered with BACP as an accredited service provider.
- d. Hospital Transport - We fund taxi services for people for whom public transport is unsuitable.
- e. Meals Service - We deliver fresh nutritious meals daily to people who are ill, or elderly.
- f. Advocacy
- g. Benefits advice and form filling

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>34</b>	<b>127</b>	<b>4</b>	<b>163</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>10 years</b>



## Summary of grant request

The service will be targeted at older carers from Hackney and neighboring boroughs. As a community of which over 80% of its older population are holocaust survivors, the needs of this population are significant and specific. Over the past three years we have identified a trend of carers' breakdown particularly in older carers aged 65 years and over. We have identified three categories of carers:

- a. Carers who are caring for older spouses.
- b. Carers who are caring for older parents.
- c. Carers who are caring for their adult children with Learning Disabilities.

Our new Older Carers Support Service will address these needs by providing advice, support and respite activities for older carers. We will recruit and train an Older Person's Carers Support Worker who will be responsible to:

- ? reach out and identify hidden carers by sensitive promotion of the service
- ? to support carers on an individual basis by providing practical advice and support in accessing relevant benefits including DLA / Attendance Allowance, Carers Allowance and Carers Direct Payments through local Councils Social Care.
- ? Establish a peer support group which will provide regular meetings and activities for older carers.
- ? Set up specialist training events for older carers.
- ? Develop personalised crisis plans with older carers (copies to kept with Bikur Cholim as appropriate) which will provide a safety net in times of crises such as unplanned and sudden carers breakdown eg due to illness or hospital admission.
- ? Organise respite activities including arts and crafts and keep fit sessions and coffee mornings for older carers.

Our project supports the following of the City Bridge Trust's Older Londoners programme outcomes:

- ? Carers aged 65 years and over better able to access support, advice and respite and it is clear that by providing a specialist carers support service we will be able to achieve the outcome set out by the trust. The project will work with 60 older carers over the age of 65 to achieve this outcome and reduce the incidence of carers' breakdown.

How the project meets the Trust's principles of Good Practice

- a. Involving older people in the management and running of the service

This service has been developed in response to a need identified by older service users and we have consulted and involved older people in the design and development of the service and they will remain involved in the delivery and review of the service.

- b. Welcome people of all backgrounds and value diversity

The target group for this project is the Charedi (orthodox jewish) community in North London which includes people from an eclectic mix of backgrounds and cultures eg Yemenite refugees. Our premises have full disabled access and we encourage people with disabilities to apply for all posts including this one. All written communication can be translated on request and is available in larger print version as required.

- c. Value and Support Volunteers

Volunteering has always been an integral part of all services provided by Bikur Cholim and this is evidenced by our achievement of the Investing in Volunteers Quality mark and the excellent report which we received.

- d. How we are taking steps as an organisation to reduce our carbon footprint

We will continue to implement our environmental policy and ensure that at a practical level recyclable products are used as appropriate and lights, computers and printers are switched off when not in use. In accordance with our environmental policy we are constantly looking for new and improved ways to reduce our carbon footprint and this is a standing item on our staff team meetings.

?



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**PQASSO Level 1**

**Investing in Volunteers and BACP Service Accreditation**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Recruitment of a Older People's Carers Support Worker. This will include advertising of post, interview, recruitment, training and ongoing support and supervision.**

**Development of personalised crisis support plans for 40 older carers. These support plans will include emergency contact details, medication requirements etc of the person being cared for and will be kept in the carers home with the option of a copy being held at Bikur Cholim.**

**Specialist training days /sessions for carers. We will provide three sessions per year including first aid, virtual dementia tour and self management and relaxation. In total 9 sessions will take place over three years.**

**Respite activities for carers. These will be provided either in pairs or in groups and carers will enjoy time off and an opportunity to refresh and recharge. In each year at least 100 activities including coffee mornings and exercise groups will take place totalling 300 sessions over three years.**

**Peer Support Groups for older carers. This will be safe space for carers to meet and share information and support. In Each year there will be 6 groups with a total of 18 groups over three years.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Older Carers will live more active and healthier lives. We want to support carers practically and emotionally which reduces the difficult emotional stresses and physical symptoms related to the stress of caring. Carers will be supported to look after their own physical health, to be more active and healthy.**

**Older carers will receive the emotional support required to continue in their caring role reducing anxiety and depression and improving their overall mental health and wellbeing.**

**Older Carers will have greater financial security due to support with benefit maximization. We will support carers with increasing awareness of benefits and financial support available thereby increasing their income and improving their financial position and making them more secure.**

**A reduction in carers' breakdown. We will support carers and provide them with the support they require with an emphasis on early intervention thereby reducing the incidence of carers breakdown.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We will have the project evaluated and we are hopeful that we will be able to demonstrate the need and how the project will have achieve its intended outcomes. This will enable us to make a case to local Councils and the CCG as well as to other funders and grant making organisations.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**30**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Hackney (95%)**

**Haringey (5%)**

What age group(s) will benefit?

**65-74**

**75 and over**

What gender will beneficiaries be?

**All**

**Male**

**Female**

What will the ethnic grouping(s) of the beneficiaries be?

**Other ethnic group**

If Other ethnic group, please give details: **Jewish**

What proportion of the beneficiaries will be disabled people?

**21-30%**



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2017
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Income received from:	£
Voluntary income	900,535
Activities for generating funds	0
Investment income	169
Income from charitable activities	1,544,132
Other sources	
<b>Total Income:</b>	<b>2,444,836</b>

Expenditure:	£
Charitable activities	2,497,586
Governance costs	0
Cost of generating funds	12,538
Other	
<b>Total Expenditure:</b>	<b>2,510,124</b>
<b>Net (deficit)/surplus:</b>	<b>(65,288)</b>
<b>Other Recognised Gains/(Losses):</b>	
<b>Net Movement in Funds:</b>	<b>(65,288)</b>

Asset position at year end	£
Fixed assets	308,127
Investments	0
Net current assets	940,926
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>1,249,053</b>

Reserves at year end	£
Endowment funds	0
Restricted funds	247,631
Unrestricted funds	1,001,422
<b>*Total Reserves (B):</b>	<b>1,249,053</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
68%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:None



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary of Older People's Carers Support Worker	20,140	20,744	21,367	62,251
Recruitment	500	0	0	500
Training and Supervision	850	600	600	2,050
Older Carers' Peer Support Groups	1,350	1,350	1,350	4,050
Older Carers' Respite Activities	1,500	1,500	1,500	4,500
Work Mobile plus contract (for Carers Support Worker)	360	250	250	860
Specialist training courses for carers	3,600	3,600	3,600	10,800
Publicity (Advertising)	750	750	750	2,250
Admin (including stationery and telephone)	1,360	1,360	1,360	4,080

<b>TOTAL:</b>	<b>30,410</b>	<b>30,154</b>	<b>30,777</b>	<b>91,341</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
City and Hackney Wellbeing Network (MIND)	1,350	1,350	1,350	4,050
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary of Older People's Carers Support Worker	20,140	20,744	21,367	62,251
Recruitment	500	0	0	500
Training and Supervision	850	600	600	2,050
Older Carers' Respite Activities	1,500	1,500	1,500	4,500
Work Mobile plus contract (for Carers Support Worker)	360	250	250	860
Specialist training courses for carers	3,600	3,600	3,600	10,800
Publicity (Advertising)	750	750	750	2,250
Admin (including stationery and telephone)	1,360	1,360	1,360	4,080
	0	0	0	0

<b>TOTAL:</b>	<b>29,060</b>	<b>28,804</b>	<b>29,427</b>	<b>87,561</b>
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	962,915	970,060	969,925
London Councils	310,759	312,994	306,242
Health Authorities	225,890	324,642	218,828
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery Fund	29,025	58,068	58,523
Samuel Sebba Charitable Trust	50,000	0	0
Maurice Wohl Charitable Foundation	30,000	180,000	0
Comic Relief	37,194	57,916	9,902
BBC Children in Need	39,310	12,990	26,157

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Yocheved Eiger**

Role within                      **Chief Executive**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Bosnia and Herzegovina Community Advice Centre</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Brent</b>	
Contact person: <b>Ms Sadida Trozic</b>	Position: <b>Outreach Worker</b>
Website: <b>http://www.bhcac.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1085815</b>
When was your organisation established? <b>26/03/2001</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Older Londoners</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Older Londoners having increased awareness of benefits, finance, housing and other rights</b> <b>Fewer older Londoners aged over 75 years with depression and more reporting improved well-being</b>		
Please describe the purpose of your funding request in one sentence. <b>Funding request towards the costs of Project Manager post and contributions towards other staff involved in the delivery of work and associated project costs.</b>		
When will the funding be required? <b>01/01/2018</b>		
How much funding are you requesting?		
Year 1: <b>£38,824</b>	Year 2: <b>£39,294</b>	Year 3: <b>£38,713</b>
<b>Total: £116,831</b>		



**Aims of your organisation:**

**MISSION:** Bosnia and Herzegovina Community Advice Centre seeks to enhance the quality of life of disadvantaged older and/or disabled Londoners from West Balkan region, particularly those experiencing poverty and isolation. The Centre supports their diverse needs through provision of welfare, educational and cultural services that welcome everyone.

**OBJECTIVES:**

To provide targeted and preventive support, information, advice and advocacy services to avoid future crises and improve overall quality of life.

To gather and disseminate information on issues effecting beneficiaries to improve communication and increase access to other services.

To organise classes and workshops that promote exercise, healthy living and develop life skills.

To organise social and cultural events that reduce isolation and social exclusion and promote positive interaction with wider community.

To provide social and cultural events that promote positive expression of the language and culture of beneficiaries.

To provide volunteering opportunities for beneficiaries to develop their skills, confidence and self-esteem.

**Main activities of your organisation:**

The organisation currently runs two projects;

1. Welfare Reform Project at local level is a part of Brent Advice Partnership and delivers; Weekly Outreach advice sessions at Harlesden Hub and provides welfare advice to all Brent residents

2. Resilience Project is pan-London service for older and/or disabled Londoners from West Balkan and provides;

Advocacy and targeted support on welfare rights, housing, community care and health issues by phone, drop in and appointments

Weekly Fitness and Healthy Eating and Cooking Classes in partnership with Brent Start (Brent Council) on Wednesdays and Mondays for 1 and 2 hours.

Twice weekly Social Club on Wednesdays and Sundays for 6 hours each time.

Weekly Gym sessions, coffee and social on Wednesdays for 2-3 hours.

Quarterly training sessions or workshops in partnership with other organisations on benefit appeals and money issues.

Quarterly newsletter in Bosnian-Serbo-Croat language on health, welfare, latest activities and news in the community.

Volunteering opportunities

Cultural Events- once or twice a year.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>1</b>	<b>1</b>	<b>9</b>	<b>6</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>Since 2004 renewed annually</b>



## Summary of grant request

Project beneficiaries are Londoners over the age of 75, from the West Balkans region. Over 85% are disabled as a result of the Yugoslav war. The psychological scars of the war are worsened by the fact that many are living isolated and socially excluded lives. Many are affected by long-term medical conditions, low income, family breakdown, marginalisation and language barrier.

We know there is a need for the project as we have carried out extensive assessments of the needs of our older beneficiaries, through questionnaires, focus groups and consultation meetings with the trustees, beneficiaries and statutory service providers. Results confirm there is a need for greater staff capacity, particularly as aging beneficiaries become increasingly dependent on professional advocacy, physical assistance, translation and accompanied support to access other services.

Furthermore, for beneficiaries to be less isolated and more active in the community there is a need for social, cultural and educational opportunities. ?

During the 2016/17 we commissioned Dr. Hadziosmanovic to deliver group talking therapies and produce her report with findings. The report recommends further group therapy sessions that are designed to improve wellbeing of this vulnerable group.

Project Manager will manage the project, staff and volunteers to deliver the following;

14 hours pw - advocacy and advice on benefits, housing, community, social care and other issues in Serbo-Croat-Bosnian language. This will increase awareness and access to entitlements.

36 group talking therapies in Serbo-Croat-Bosnian language run by specialist will teach coping mechanisms and help alleviate many psychological problems.

3 trainings for 7 volunteers- accompanied support for vulnerable older people to access services and activities.

Accompanied support and assistance by volunteers- these will help beneficiaries access project services and activities.

9 events ? will bring the beneficiaries in regular contact with others, allowing them opportunities for social interaction and participation in programme performance, resulting in significantly reduced isolation.

Project aims to improve quality of lives of beneficiaries by helping them to access entitlements, improve wellbeing, and live more active, less isolated, healthier and happy lives.

We have 20 years of experience delivering the services to older people from West Balkan communities in London.

Our organisation is accredited, the most knowledgeable and experienced in serving this particular community and therefore most suited to deliver the work. We liaise with the beneficiaries in their language helping them address identified issues and access support.

We are applying under the Trust's ?Older Londoners? programme by meeting the following outcomes;

1.Older Londoners having increased awareness of benefits, finance, housing and other rights- The project will provide professional advocacy and advice and increase awareness and access to; welfare benefits, housing, community/social, health care and other entitlements.

2.Fewer older Londoners aged over 75 years with depression and more reporting improved well-being: Project will provide group talking therapies to discuss mental health issues. This will be delivered by a professional therapist who will teach beneficiaries coping mechanisms and how improve their mental well-being. *Continues overleaf*



*Continued from previous*

3.Older Londoners aged over 75 years living more active and healthier lives. The project will provide social, cultural and educational opportunities and support beneficiaries to get involved in planning, organising and participating in these events. This will help them be more active, less isolated and live healthier lives.

#### Meeting the Trust? Principles

Older people are involved in all levels of the organisational structure. We welcome people from all communities regardless of their background. Membership is open to those over the age of 18.

We will develop a pool of skilled volunteers to help run the services. We will develop from Trust?s ?Getting Started? to ?Making Progress? level by adopting the environmental policy and implementing it through daily operations.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**PQASSO levels 1 & 2, Investors in People, Advice Quality Standards**

#### Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**14 hours per week of professional advocacy and advice on benefits, housing, community, social care and other issues in Serbo-Croat-Bosnian language. Most of beneficiaries over 75 years old don?t speak English language and don?t know how to access support. Professional advocacy and advice will increase awareness and access to entitlements.**

**36 group talking therapies for older Londoners, from West Balkans, age over 75 years. Most beneficiaries suffer from depression and Post -Traumatic Stress Disorder. Talking therapies in own language amongst peers run by specialist will teach coping strategies and help alleviate many psychological problems.**

**3 trainings for 7 volunteers- to develop the skills in community work and raise awareness on safeguarding to ensure quality and safety in service delivery.**

**Accompanied support and assistance by volunteers- these will help vulnerable older Londoners from West Balkans, over the age of 75, access project services and activities.**

**9 social-cultural and educational events-will bring the beneficiaries in regular contact with others, allowing them opportunities for social interaction and participation in programme performance. This will reduce isolation and help older Londoners from West Balkans, over the age of 75, be more active and live healthier and happy lives.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**480 Beneficiaries 75+ will have report increased awareness and access to welfare benefits, housing, community care, health and other issues effecting them; increased income, improved housing conditions, adequate health and social care support packages.**

**48 Beneficiaries 75+ will report improved mental wellbeing as result of having better coping strategies and being more able to manage in a crisis.**

**7 volunteers will be better equipped and feel more confident to deliver community service. Vulnerable older beneficiaries 75 + will experience better support to access project services and opportunities for social-cultural-educational development.**

**120 Beneficiaries 75+ will achieve increased involvement in social-cultural and educational activities and engagement with the wider community resulting in reduced isolation, more active, healthier and happy lives.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes, the project will strengthen the capacity of the organisation and older West Balkans in London to work strategically and collaboratively to identify and secure income generation and fundraising opportunities and build a robust and efficient infra-structure from which to continue to deliver high quality, high value and high impact services beyond the life of this funding.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**655**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**75 and over**

What gender will beneficiaries be?

**Male**

**Female**

What will the ethnic grouping(s) of the beneficiaries be?

**Mixed / Multiple ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager 35 hrs p/w incl. NI and Pension	50,484	51,493	52,523	154,500
Advocacy Worker 35 hrs p/w incl. NI and Pension	28,508	29,079	29,660	87,247
Events: hall hire and programme costs	2,760	2,760	2,760	5,760
Freelance Group Talking Therapies Facilitator	3,000	3,000	3,000	9,000
Publicity and promotion	300	306	312	918
Volunteers and staff travel and training	2,243	2,288	2,333	6,864
Running costs	18,050	18,238	18,394	54,682
Subscriptions, AdvicePro IIP,AQS re-assessments	4,000	3,030	1,561	8,591
Insurances	1,202	1,227	1,252	4,933

<b>TOTAL:</b>	<b>110,547</b>	<b>111,421</b>	<b>111,795</b>	<b>333,763</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Fund	69,323	69,727	70,682	209,732
Volunteers introductory/refresher trainings value	450	450	450	1,350
Brent Council safeguarding vulnerable adults	450	450	450	1,350
Beneficiaries contribution towards Events	1,500	1,500	1,500	4,500

<b>TOTAL:</b>	<b>71,723</b>	<b>72,127</b>	<b>73,083</b>	<b>216,932</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager 7 hrs p/w incl. NI and Pension	10,097	10,299	10,505	30,900
Advocacy Worker 14hrs p/w Incl. NI and Pension	11,403	11,631	11,864	34,899
Events: hall hire	1,260	1,260	1,260	3,780
Freelance Group Facilitator	3,000	3,000	3,000	9,000
Publicity and promotion	300	306	312	918
Volunteers and staff travel	1,143	1,166	1,189	3,498



Running costs	9,025	9,119	9,197	27,341
Subscriptions, AdvicePro, IIP,AQS re-assessments	1,995	1,900	760	4,655
Insurances	601	613	626	1,840
<b>TOTAL:</b>	<b>38,824</b>	<b>39,294</b>	<b>38,713</b>	<b>116,831</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	99,197
Activities for generating funds	0
Investment income	0
Income from charitable activities	0
Other sources	2,070
<b>Total Income:</b>	<b>101,267</b>

Expenditure:	£
Charitable activities	95,786
Governance costs	2,894
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>98,680</b>
<b>Net (deficit)/surplus:</b>	<b>2,587</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>0</b>

Asset position at year end	£
Fixed assets	3,960
Investments	0
Net current assets	43,311
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>50,271</b>

Reserves at year end	£
Restricted funds	32,484
Endowment Funds	0
Unrestricted funds	17,787
<b>*Total Reserves (B):</b>	<b>50,271</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
1-10%

### Organisational changes

Due to difficulties in securing the funding we had to reduce hours of staff employed within the Organisation;

Staff changes- Full time posts of paid staff reduced to part-time. Furthermore we have reduced number of activities with social-cultural focus in order to reduce expenditure. Unfortunately, this has impacted on both staff and beneficiaries; staff being overstretched and beneficiaries feeling isolated and lonely.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	2,500	1,100	4,600
London Councils	5,400	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery Fund	83,413	99,849	89,402
Lloyds Bank Foundation	15,000	0	0
London Community Foundation	9,800	0	0
Awards For All	0	0	9,888
Mercer's Company	0	0	2,500

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Zaim Pasic**

Role within                      **Chair**  
Organisation:



# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Carers Support (Bexley)</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Bexley</b>	
Contact person: <b>Ms Alison Baker</b>	Position: <b>Chief Officer</b>
Website: <b><a href="http://www.carerssupport.org">http://www.carerssupport.org</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1075801</b>
When was your organisation established? <b>02/02/1999</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Older Londoners</b>
Which of the programme outcome(s) does your application aim to achieve? <b>Carers aged 65 years and over better able to access support, advice and respite People living with Alzheimer's and other forms of dementia having a better quality of life</b>
Please describe the purpose of your funding request in one sentence. <b>Volunteers providing respite for older Carers who do not qualify for Council support, whilst also improving the quality of life of the person cared for.</b>
When will the funding be required? <b>01/01/2018</b>
How much funding are you requesting? Year 1: <b>£55,175</b> Year 2: <b>£55,613</b> Year 3: <b>£56,061</b>  <b>Total: £166,849</b>



**Aims of your organisation:**

At Carers Support (Bexley) our vision is simple; we want to make a real difference to the lives of carers in Bexley and Greenwich. We are committed to tackling the isolation and loneliness that many carers feel by providing information, advice, support, respite and other services to those who dedicate their lives to caring for their loved ones. We pride ourselves in working with carers young and old, and their families, in a positive, responsive, professional and creative way to improve their lives.

**Main activities of your organisation:**

Respite at home service (provided by volunteers) - volunteers take over the caring to enable a carer to have a break while the person they care for can remain in their own home (provides breaks of any length from a few hours up to 2 weeks if required to enable a carer to take a holiday)

Information, signposting and advice for Carers

Care Navigation (advising Carers and those they care for on the support services they are entitled to and assisting them to access those services)

Welfare benefits advice and help to complete claim forms

Support groups

One to one emotional support for carers who are isolated and under stress, provided by trained volunteers.

Specific information and support service for carers of stroke survivors, including outreach in the stroke wards of local hospitals.

Help for carers to manage individual budgets on behalf of the person they care for (chargeable service)

Support workers who help with housework, shopping, etc (chargeable service)

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>0</b>	<b>16</b>	<b>6</b>	<b>50</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>N/A - ongoing.</b>



## Summary of grant request

**Need:** There are more than 45,000 Carers in Bexley and Greenwich, but less than 10% receive services from the local authority (LA). Due to LA funding cuts, many carers find they do not qualify for respite from the LA for various reasons. We have a long waiting list of Older Carers caring for older people who have Alzheimer's or dementia and who have no other access to a break from caring.

**Delivery:** We are proposing taking on 3 additional full time volunteers to provide breaks for this group of older Carers. The service will be managed by and the volunteers recruited, trained and supported by a paid member of staff who will also provide out of hours support when required.

**Aims:** By providing them with a break, we will aim to improve the quality of life for older Carers by reducing their stress and sense of isolation, improving their mental and physical health and enabling them to become more active. At the same time, the support from the volunteers will improve the quality of life and wellbeing of the person cared for and reduce their isolation.

**The right organisation:** We have excellent links with other voluntary and statutory organisations in the borough and our Chief Executive sits on various local Partnership Boards; we are the lead agency in a partnership with 3 other local charities to deliver the Carers Wellbeing Service, providing information and advice, befriending, training, welfare benefits advice, advocacy, and emotional support for Carers in Bexley. We are thus able to provide a holistic service for Carers.

We have 23 years' experience of providing respite at home for Carers and an excellent track record including a consistently "good" rating from CQC.

We understand local needs, we understand the needs of carers and we really care about them.

**Outcomes:** We believe this project meets all 5 of the "Older Londoners" programme outcomes:

1. It will enable older Carers to live more active and healthier lives by enabling them to attend GP and other health appointments for themselves, or to get to the gym or the swimming pool, or even take a walk. It will also support the older person cared for to get out and be more active.
2. It will reduce stress and isolation and improve the quality of life/wellbeing for Carers and cared for people leading to a reduction in depression among older Londoners.
3. It will link older Carers and cared for people into our in-house Information and Support Service as explained above.
4. Feedback we have received from beneficiaries has shown that older people living with Alzheimer's and other forms of dementia report an improved quality of life because they really enjoy the company of our young, overseas volunteers and they can support them to do things they would not be able to otherwise.
5. The project will provide respite at home for older carers and link them in with support and advice.

**Good Practice:**

Our Board of Trustees is made up exclusively of carers and former carers; 67% are older people; all have been beneficiaries of our services.

The majority of the volunteers who provide our Carers Breaks Service come from overseas, many from developing countries and we consider this diversity one of the real "plus points" of the service.

Our services are provided to people with any kind of disability and to people of any age, from 1 to 101! We believe passionately in volunteering and we invest time and money in volunteer training and support.

We are taking steps to reduce our carbon footprint and have requested an eco-audit from the Trust.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Advice Quality Standard**

**Regulated by the Care Quality Commission for our respite service (rating "Good")**

## **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Older Carers will be provided with a total of 3,720 hours of respite per annum (11,160 hours over the three year period)**

**35 older Carers (aged 65+) provided with respite per annum (estimated total over 3 years 70 Carers, assuming that some of the Carers using the service in the first and second years will go on to use the service in the second and third years as well)**

**35 disabled older people per annum (the majority of whom will be aged 75+ and be living with dementia/Alzheimers Disease) will receive support from a volunteer to improve their quality of life. Again we estimate a total of 70 over the three year period.**

**All the older Carers and older people with care needs who benefit from the breaks service will receive advice and information about housing, finance, entitlements to benefits and other services, advocacy if required, and emotional support (c. 140 people over the 3 year period)**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Older Carers (aged 65+) who do not currently have access to a break from Caring will be provided with a regular break to improve their quality of life, and will report reduced stress, reduced isolation, and improved mental and/or physical health**

**Older disabled people (75+ and living with dementia/Alzheimer's disease) will enjoy the company of our young, overseas volunteers, and will be supported to engage in activities inside and outside the home; they/their carers will report that they have benefited from reduced isolation, improved quality of life and improved well being.**

**Older Carers receiving respite and the older people they care for will be linked to our information, advice and advocacy service and will report an increased awareness of benefits, finance, housing and other rights and that they have been supported to obtain the help they need.**

**Older Carers will report feeling better able to continue caring (thereby enabling people with care needs to continue to live in their own home and community rather than go into a care home).**



Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes, we would like to continue with it and will look for alternative funding from another grant making trust if possible. We are also developing other chargeable services within our organisation that will help to fund this work and we hope these will be further developed by the end of the 3 year funding period.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year? <b>70</b>
In which Greater London borough(s) or areas of London will your beneficiaries live? <b>Bexley (67%)</b> <b>Greenwich (33%)</b>
What age group(s) will benefit? <b>65-74</b> <b>75 and over</b>
What gender will beneficiaries be? <b>All</b>
What will the ethnic grouping(s) of the beneficiaries be? <b>A range of ethnic groups</b>
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? <b>51-60%</b>



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Additional paid staff hours to manage the service (24pw)	20,810	21,248	21,696	63,754
Staff travel expenses	390	390	390	1,170
Office and running costs	1,560	1,560	1,560	4,680
Volunteers' accommodation	10,920	10,920	10,920	32,760
Volunteers' expenses (subsistence, travel, DBS checks, etc)	20,160	20,160	20,160	60,480
Volunteer training	1,335	1,335	1,335	4,005
<b>TOTAL:</b>	<b>55,175</b>	<b>55,613</b>	<b>56,061</b>	<b>166,849</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None as yet for this project, although we do have funding for our existing service	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Additional paid staff hours to manage the service (24pw)	20,810	21,248	21,696	63,754
Staff travel expenses	390	390	390	1,170
Office and running costs	1,560	1,560	1,560	4,680
Volunteers' accommodation	10,920	10,920	10,920	32,760
Volunteers' expenses (subsistence, travel, DBS checks, etc)	20,160	20,160	20,160	60,480
Volunteer training	1,335	1,335	1,335	4,005
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>55,175</b>	<b>55,613</b>	<b>56,061</b>	<b>166,849</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	385,705
Activities for generating funds	33,537
Investment income	949
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>420,191</b>

Expenditure:	£
Charitable activities	381,291
Governance costs	1,260
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>381,551</b>
<b>Net (deficit)/surplus:</b>	<b>37,640</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>37,640</b>

Asset position at year end	£
Fixed assets	1,195
Investments	0
Net current assets	315,918
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>317,113</b>

Reserves at year end	£
Restricted funds	11,398
Endowment Funds	0
Unrestricted funds	305,715
<b>*Total Reserves (B):</b>	<b>317,113</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 71-80%
--

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:  None
--



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	223,275	267,800	295,274
London Councils	0	0	0
Health Authorities	29,812	0	0
Central Government departments	8,276	8,432	3,932
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery Fund	51,530	52,735	53,789
Henry Smith Charity	20,000	20,000	20,000
Garfield Weston	0	8,000	0
Llangattock Trust	12,167	0	0
Morrisons	0	0	6,540

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Alison Baker**

Role within                      **Operations Manager**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Contact the Elderly</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Westminster</b>	
Contact person: <b>Ms Morwenna Everitt</b>	Position: <b>Trust and Statutory Fundraising Officer</b>
Website: <b>http://www.contact-the-elderly.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>244681</b>
When was your organisation established? <b>15/09/1965</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Older Londoners</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>Fewer older Londoners aged over 75 years with depression and more reporting improved well-being</b> <b>Older Londoners aged 75 years and over living more active and healthier lives</b>		
Please describe the purpose of your funding request in one sentence. <b>We are seeking funding for three development officers to maintain and develop new groups in London for isolated and lonely older people.</b>		
When will the funding be required? <b>01/09/2017</b>		
How much funding are you requesting?		
Year 1: <b>£66,616</b>	Year 2: <b>£66,616</b>	Year 3: <b>£66,616</b>
<b>Total: £199,848</b>		



**Aims of your organisation:**

Contact the Elderly is dedicated to relieving the acute loneliness and isolation of older people aged 75 and over who live alone, without family, friends or other support networks nearby. We meet this need with a simple yet effective model: free, monthly tea parties for small groups of older people and volunteers within their community. Loneliness can be devastating to older people and social relationships are central to well-being and critical for maintaining physical and mental health. We believe that this problem is best tackled in local communities. By its nature, social isolation often means that the loneliest people are the hardest to reach. It's not the case that they're not there, it's just that older people don't always know services are available, and admitting you're lonely is difficult. At Contact the Elderly we recognise that a grass roots approach is needed and operate a local led model, facilitating intergenerational social activities and involvement of whole communities.

**Main activities of your organisation:**

We operate our model in the following ways:

**Community groups:** These take place on a Sunday in volunteers homes when other services are unavailable and often considered the loneliest day of the week. These groups form the core of our work, often involving whole families.

**University groups:** This is a developing area of activity.

**Special Interest Groups:** These are offshoots of existing tea party groups and involve the interests of members. Examples include museum groups.

**GP Groups:** Research shows 30 million visits are made to GPs a year by lonely older people for company. Groups are run by patient participation groups alongside GP's.

Groups are coordinated by a volunteer Group Coordinator. Each guest is collected and returned to their home by a volunteer driver. Groups have 6-10 older people plus up to 25 volunteers. Parties are hosted at different volunteer's homes every month to enable new opportunities to socialise. Each group participates in 12 tea parties a year.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>21</b>	<b>19</b>	<b>7</b>	<b>10,000</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>Until December 2017</b>



## Summary of grant request

Our model is a sustainable and scalable solution for the prevention and reduction of loneliness and social isolation providing strong and tangible outcomes for older people. In London we currently have 119 active groups supporting almost 900 older people. This figure represents almost one sixth of our groups in the UK.

London remains one of the most diverse areas of England and contains some of the most deprived areas; 18% of pensioners in London (180,000) are in poverty, this compares to 12% in the rest of England (New Policy Institute, Trust for London). Just over 900,000 of the London population are over 65 (GLA Figures).

Currently we have a 98% success rate for maintaining existing groups. However with a waiting list of 239 older people and 225 potential volunteers and enquiries received, there is a strong need for new groups to be developed. Where we identify 'loneliness hot spots' we seek to establish new groups. Areas with the largest waiting lists often correlate with more deprived locations (Mapped by postcodes using The English Index of Multiple Deprivation).

On average we are able to identify areas to develop groups between 6-12 months in advance. Following identification of an area a group takes between 3-6 months to launch. Our Development Officers work within local communities to help identify older people, recruit volunteers and launch groups. Over 70% of our referrals come from professionals, social care/health providers and other charities. We will continue to maintain and develop new relationships with them. Each full time Officer supports an average of 400 volunteers and 230 older people.

### Objectives for London 2017-2020

- 1.To develop 15 groups per financial year in London, providing regular, long term support to an additional 360 older people in 160 groups by 2020.
- 2.To maintain 98% of existing groups
- 3.To develop and maintain relationships with partner organisations to share best practice and referrals and to enable us to signpost older people
- 4.To raise awareness of Contact the Elderly and recruit volunteers to meet objective 1

We have secured funding for two existing Volunteer Support Officers and are seeking funding for three existing Development Officers for 3 years.

Our service has been operating for over 50 years. Through our annual evaluation and impact reporting we know that our model reduces the impact of isolation and loneliness on older people. Independent research carried out in 2016 amongst 700 older guests confirmed that the charity's tea parties significantly relieve feelings of isolation and loneliness.

Our work will meet the following programme outcomes:

?Older Londoners aged 75 years living more active and healthier lives- Our groups provide regular opportunities for older people to leave their homes to meet others and be more active.

?Fewer older Londoners aged 75 years with depression and more reporting improved well-being- Joining a group is proven to improve the wellbeing and mental health of our guests by reducing social isolation and loneliness.

We have a structured volunteer induction process and a comprehensive volunteer handbook. We recognise volunteers in a range of ways including certificates for long standing service and volunteering away days. We take steps to reduce our carbon footprint- We were awarded First Miles Gold Standard for recycling in 2016. Through our national networks we have amplified the voices of older people. Older people help shape local to



groups, for example, forming museum groups or requesting that speakers are invited to tea parties to talk about different topics. We seek to ensure that groups and staff reflect diversity within the UK and provide equal opportunities to those with disabilities. Methods increase diversity and equality include working with community organisations representing minorities.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**Registration with the Fundraising Regulator**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**To sustain a minimum 98% of our existing 119 Contact the Elderly Groups in London. Partnerships and links with other organisations and services are key to the successful development, growth and sustainability of Contact the Elderly groups. Support Officers predominantly support existing groups and volunteers.**

**To develop 15 groups per financial year in London in areas of identified need, providing regular, long term support to an additional 360 older people in 160 groups by 2020. Development Officers are responsible for matching potential volunteers to older people in their local areas and launching groups.**

**To raise awareness of Contact the Elderly and promote our service to older people and potential volunteers in local communities. We do this through local community spaces such as libraries and post offices using promotional printed material and through statutory and voluntary organisations including hospitals and local councils.**

**To develop and maintain relationships with partner organisations to share best practice and referrals and to enable us to signpost older people. Development Officers have to manage relationships with an average of 20 organisations / services for each group, in order to gain referrals and signpost effectively.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Older people in groups will report reduced loneliness and isolation and experience improved wellbeing.**

**Older people in groups will have stronger local support networks, develop friendships and feel better connected to their communities.**

**Volunteers will feel supported by Contact the Elderly and experience satisfaction through their role with older people.**

**Communities benefit from better understanding through intergenerational relationships and activities.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We plan to continue our activity beyond the period we are requesting funding for. We are developing a strategy to increase income from community fundraising and are adding a new post to our fundraising team to increase income from this stream nationally. This is in addition to our strategy to sustain and increase income from trusts and corporate partnerships.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**1,260**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**75 and over**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**71-80%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries	132,066	132,066	132,066	396,198
Promotional material	880	897	915	2,692
Staff training	1,000	1,000	1,000	3,000
Travel	975	1,000	1,100	3,075
Consultancy and evaluation	500	500	500	1,500
Volunteer training	850	875	900	2,625
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>136,271</b>	<b>136,338</b>	<b>136,481</b>	<b>409,090</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smith Charity	28,000	30,000	0	58,000
John Ellerman Foundation	28,000	28,000	0	56,000
Peters and Peters	17,000	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>73,000</b>	<b>58,000</b>	<b>0</b>	<b>131,000</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Charles Wolfson Charitable Foundation	40,000	0	0	0
Thompson Family Charitable Trust	50,000	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>90,000</b>	<b>0</b>	<b>0</b>	<b>90,000</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary- Development Officer SW London	20,808	20,808	20,808	62,424
Salary- Development Officer SE London	20,808	20,808	20,808	62,424
Salary- Development Officer N London	25,000	25,000	25,000	75,000
	0	0	0	0

<b>TOTAL:</b>	<b>66,616</b>	<b>66,616</b>	<b>66,616</b>	<b>199,848</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	1,156,034
Activities for generating funds	80,256
Investment income	5,892
Income from charitable activities	75,945
Other sources	7,830
<b>Total Income:</b>	<b>1,325,957</b>

Expenditure:	£
Charitable activities	1,178,136
Governance costs	17,420
Cost of generating funds	112,865
Other	0
<b>Total Expenditure:</b>	<b>1,308,421</b>
<b>Net (deficit)/surplus:</b>	<b>13,973</b>
<b>Other Recognised Gains/(Losses):</b>	<b>-3,563</b>
<b>Net Movement in Funds:</b>	<b>13,973</b>

Asset position at year end	£
Fixed assets	
Investments	
Net current assets	441,671
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>441,671</b>

Reserves at year end	£
Restricted funds	287,900
Endowment Funds	0
Unrestricted funds	153,771
<b>*Total Reserves (B):</b>	<b>441,671</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	40,000	40,000	40,000
Other statutory bodies	24,934	19,641	11,135

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery	23,556	19,768	24,810
John Ellerman	0	0	84,000
CAF	58,944	81,281	51,188
Garfield Weston	0	0	40,000
The Thompson Family Charitable Trust	0	0	50,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Morwenna Everitt**

Role within                      **Trust and Statutory Fundraising Officer**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Brent Private Tenants' Rights Group</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Brent</b>	
Contact person: <b>Ms Jacky Peacock</b>	Position: <b>Chief Executive</b>
Website: <b><a href="http://www.advice4renters.org.uk/">http://www.advice4renters.org.uk/</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1051979</b>
When was your organisation established? <b>26/10/1989</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Reducing Poverty</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More Londoners with improved economic circumstances</b> <b>More people accessing debt and legal services</b>		
Please describe the purpose of your funding request in one sentence. <b>To improve the health, well-being and financial stability of vulnerable/low income people affected by poor housing and fuel poverty living in Brent and surrounding boroughs</b>		
When will the funding be required? <b>01/09/2017</b>		
How much funding are you requesting?		
Year 1: <b>£37,228</b>	Year 2: <b>£37,600</b>	Year 3: <b>£38,079</b>
<b>Total: £112,907</b>		



**Aims of your organisation:**

The aims of A4R are:

- ? To provide direct support to private tenants
- ? To bring private tenants together to strengthen their voice
- ? To empower A4R through tenant involvement and representation
- ? To collect information and evidence and disseminate for change
- ? To campaign with and on behalf of private tenants
- ? To work with others to deliver services, share messages and strengthen campaigns

This is a partnership bid with Energy Solutions (ES) and Toynbee Hall (TH). Energy Solutions aims to raise awareness and help communities understand more about the sustainable use of energy, and help households to achieve warmer homes and lower fuel bills through the provision of services that help address the issue of fuel poverty. Toynbee Hall's aim is to support people and communities to break down the barriers that trap them in poverty.

**Main activities of your organisation:**

A4R is the only legal advice agency in England dedicated to supporting private renters. Our primary area of benefit is Brent and surrounding boroughs, though we also run a national 'paid for' telephone/email advice service. Our Housing Advice Centre provides specialist legal advice for about 400 low-income clients a year. To increase the effectiveness of our advice to vulnerable clients, we also offer support through mentoring. This most commonly involves helping people to improve their money management skills and other issues that impact on their health and well-being and ability to manage their lives e.g. benefits checks, healthier and cost-saving diets, exercise, and, with our partner Energy Solutions, tackling fuel poverty. Around 85% of our clients are from BAME communities including a large number of migrants and refugees. As a result, we network with migrant and refugee organisations to raise tenancy rights awareness among these groups.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>3</b>	<b>7</b>	<b>6</b>	<b>12</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>6 years</b>



## Summary of grant request

The rise and rise of the private rented sector in the poverty story is striking. The number of people living in poverty in the sector has doubled in the past decade from 2.2 million to 4.5 million. As London's housing crisis has deepened, the most disadvantaged have found themselves in poor quality, badly managed and often overcrowded homes - despite paying high rents. The lack of security of tenure often leaves private renters afraid to complain, even if they know (and many do not) about their legal rights relating to repairs, tenancy deposits and fire and gas safety checks. For many living on the margins of society, meeting and managing basic needs such as domestic energy is also a daily struggle. This is especially true in Brent which is ranked third highest in the country in terms of barriers to access to housing and has the biggest gap between average income and average house prices. Recent welfare reforms leave many renters with a rent/housing benefit shortfall, which is increasing debt. Brent's Financial Inclusion Strategy (2015) found that "one in three children are growing up in poverty. In some of the most deprived wards, this rises to one in two."

However, if we focus only on housing advice, vital though this is, we are treating the symptoms not the cause. A4R has a campaigning priority but policy change is often long-term. Meanwhile, poverty is exacerbated by the fact that marginalised people are not financially or socially empowered to expose injustice, assert their rights and exercise any financial/bargaining power. Our aim is to empower through building people's knowledge, skills and confidence -- and specifically through finding ways to increase their income and/or reduce their living costs and assist them to better manage their money.

Through this project, complementing A4R's legal advice and representation to get tenants' homes improved, ES support will include emergency heating, negotiation to reduce fuel debts, and the provision of low energy white goods. TH's Money Skills training will also produce qualified local Community Money Mentors, who will be supported to train others within their own communities and facilitate referrals for debt advice through TH's debt advice line and local accredited debt advice agencies. A4R's mentors will ensure tenants claim their full benefits entitlement, and will support them to prepare for, and to adjust to, Universal Credit. Mentors will also support renters to improve tenancy sustainment skills.

The project builds on a successful one-year pilot in 2016 funded by the British Gas Energy Trust Healthy Homes Fund, combining A4R's vision of achieving decent, secure and affordable homes with access to rights and justice, alongside ES's commitment to end to fuel poverty. The project will be further enhanced by Community Money Mentors trained by Toynbee Hall. Their input will also provide an opportunity to increase the number of tenants on low incomes who are saving through A4Rs Credit Union branch, Brent Mutual.

Under One Roof thus directly addresses two of the Trust's programme outcomes under the Reducing Poverty strand:

- \* More Londoners with improved economic circumstances.
- \* More people accessing debt and legal services.

Similarly, the project directly addresses the Trust's Good Practice' principles by:

- \* Encouraging service users to contribute to the on-going development and delivery of the service, and to promote the project through their own networks/communities.
- \* Working with other local agencies to identify people most at risk and targeting support towards specific audiences such as refugees and migrants.
- \* Engaging and training volunteers through the project's Training and Mentoring services.
- \* Encouraging energy efficiency measures and the sustainable use of energy.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**A4R has been awarded the Community Legal Services Specialist Quality Mark in Housing; ISO 9001; and NCVO's Mentoring & Befriending Approved Provider Standard.**

## **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

### **Resolving Urgent Issues, e.g.**

- \* Legal action to address immediate threat of eviction**
- \* Emergency heating/cold weather packs**
- \* Temporary solutions to urgent/serious property defects (e.g. gas/electrical emergencies)**
- \* Negotiations to prevent disconnection of utility services**
- \* Emergency fuel/food bank vouchers**
- \* Referral for any other urgent debts**

### **Initial Needs Assessment and Home Energy Audits:**

**ES make home visits to conduct energy audit, assess urgent needs, identify longer-term interventions and advise on energy use and energy efficiency measures, including moves to SMART Meters.**

### **Resolving Longer-term Issues, e.g.**

- \* A4R provides legal advice, advocacy and representation including proceedings against landlords to remedy disrepair**
- \* ES assists beneficiaries to clear fuel debts and source energy efficient aids and white goods**
- \* TH/local debt advice agencies provide debt advice and advocacy**

### **Sustainable Finances and Lifestyle, e.g.**

- \* TH trains Money Mentors**
- \* A4R Mentors assist with budgeting skills, digital skills, home management, energy saving, healthy eating etc.**
- \* Health & Well-being checks to monitor progress and inform mentoring**
- \* Service users encouraged to train as Mentors**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**360 beneficiaries a year (circa 90%) will evidence an improvement in health and well-being from the time when tenant contacts the project to when they cease to receive support.**

**Living conditions will be improved for 280 people each year.**

**An average of 12 people a year (including service users) will be trained as A4R mentors and will support an average of 40 service users a year to develop improved life skills**

**At least 20 people will graduate as Money Mentors with increased money management and mentoring skills in year 1, rising to 60 in year 3**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**The issues of poor housing (particularly within the private rented sector), fuel poverty and poverty in general are inextricably linked. Subject to an ongoing evaluation of effectiveness and the changing external environment, the partners are keen to continue delivering a shared service. Potentially this approach fits well with the government's new Energy Company Obligation programme which runs from 2017-2022.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year? <b>400</b>
In which Greater London borough(s) or areas of London will your beneficiaries live? <b>Brent (90%)</b> <b>Ealing (10%)</b>
What age group(s) will benefit? <b>All ages</b>
What gender will beneficiaries be? <b>All</b>
What will the ethnic grouping(s) of the beneficiaries be? <b>A range of ethnic groups</b>
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? <b>31-40%</b>



## Funding required for the project

**What is the total cost of the proposed activity/project?**

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager/Mentor Co-ordinator (0.6)	20,400	20,706	21,016	<b>62,122</b>
Housing Legal Adviser (0.4)	14,680	14,900	15,125	<b>44,705</b>
Consultant Energy Adviser (as required)	5,000	5,000	5,000	<b>15,000</b>
Direct Project costs: training; staff exp	700	500	500	<b>1,700</b>
Direct Project costs: marketing; events	2,800	2,800	2,800	<b>8,400</b>
Direct Project costs: energy equipment	1,000	725	450	<b>2,175</b>
Core costs: r/c; premises; line m'ment	8,250	8,295	8,340	<b>24,885</b>
Just Renting: sessional trainers	3,200	3,200	3,200	<b>9,600</b>
Community Money Mentors training	60,000	60,000	60,000	<b>180,000</b>
<b>TOTAL:</b>	<b>116,030</b>	<b>116,126</b>	<b>116,431</b>	<b>348,587</b>

**What income has already been raised?**

Source	Year 1	Year 2	Year 3	Total
The Tudor Trust	30,000	30,000	30,000	<b>90,000</b>
Toynbee Hall (Money Mentors training)	60,000	60,000	60,000	<b>180,000</b>
Brent Council (room hire; publicity/marketing)	2,400	2,400	2,400	<b>7,200</b>
<b>TOTAL:</b>	<b>92,400</b>	<b>92,400</b>	<b>92,400</b>	<b>277,200</b>

**What other funders are currently considering the proposal?**

Source	Year 1	Year 2	Year 3	Total
<b>TOTAL:</b>				

**How much is requested from the Trust?**

Expenditure heading	Year 1	Year 2	Year 3	Total
Housing Legal Adviser (0.4)	14,680	14,900	15,125	<b>44,705</b>
Contribution to direct project costs	2,250	2,015	1,875	<b>6,140</b>
Contribution to Core costs	4,125	4,150	4,170	<b>12,445</b>
<b>TOTAL:</b>	<b>21,055</b>	<b>21,065</b>	<b>21,170</b>	<b>63,290</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	61,955
Activities for generating funds	0
Investment income	61
Income from charitable activities	222,479
Other sources	3,100
<b>Total Income:</b>	<b>287,595</b>

Expenditure:	£
Charitable activities	270,643
Governance costs	2,500
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>273,143</b>
<b>Net (deficit)/surplus:</b>	<b>14,452</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>14,452</b>

Asset position at year end	£
Fixed assets	15,366
Investments	0
Net current assets	22,981
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>38,347</b>

Reserves at year end	£
Restricted funds	9,815
Endowment Funds	0
Unrestricted funds	28,532
<b>*Total Reserves (B):</b>	<b>38,347</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
31-40%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

A4R is currently restructuring its core Housing Advice Centre service as it has been loss-making year on year. The restructure will increase the number of professionally qualified solicitors and thereby maximise potential Legal Aid income to create, at minimum, a break-even service. A4R has also recently launched a low-cost phone/email-based national 'social enterprise' service for people not eligible for Legal Aid.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	32,115	39,698	42,890
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	61,070	69,023	69,333

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
British Gas Energy Trust	0	0	10,934
Big Lottery Fund	5,092	20,432	17,201
Lloyds Bank Foundation	1,490	17,743	14,667
Trust for London	0	18,350	36,000
Comic Relief	0	0	8,920

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Jacky Peacock**

Role within                      **Chief Executive**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Bromley by Bow Centre</b>	
If your organisation is part of a larger organisation, what is its name? <b>N/A</b>	
In which London Borough is your organisation based? <b>Tower Hamlets</b>	
Contact person: <b>Mr James Edmonston</b>	Position: <b>Development Manager</b>
Website: <b><a href="http://www.bbbc.org.uk">http://www.bbbc.org.uk</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1041653</b>
When was your organisation established? <b>26/10/1994</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Reducing Poverty</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More Londoners with improved economic circumstances</b>
Please describe the purpose of your funding request in one sentence. <b>We are requesting a grant of £128,080 from City Bridge Trust to fund a three year project to deliver integrated housing advice.</b>
When will the funding be required? <b>11/09/2017</b>
How much funding are you requesting? Year 1: <b>£40,787</b> Year 2: <b>£42,322</b> Year 3: <b>£44,971</b>  <b>Total: £128,080</b>



**Aims of your organisation:**

The Bromley by Bow Centre is a dynamic and innovative community led organisation working in East London, based in the London Borough of Tower Hamlets (LBTH) -- an area where extremes of wealth and poverty coexist. We aim to create a cohesive, healthy, successful and vibrant community. We use a holistic approach with local residents to develop their confidence and motivation, their skills and ability to access employment, and their healthy lifestyle, and to address wider factors impacting on wellbeing, leading to improved mental and physical health, and greater levels of satisfaction.

**Main activities of your organisation:**

Our Services: are grouped under 5 core programmes,  
? 'My Life': Health & Wellbeing  
? 'Community Connections': Social Care Services strengthening social capital - Timebanking, Volunteering, Inclusive Arts, Horticulture  
? Employment and Learning: Employment Services, Confident Communications, Functional Skills, Digital Inclusion, Vocational Training and Accredited Learning, Apprenticeships  
? 'Advice Centre': Services building resilience - Welfare, Housing, Money Management & Utilities advice  
? 'Beyond Business': Social Enterprise Start Up and Support

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>66</b>	<b>47</b>	<b>12</b>	<b>12</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	



## Summary of grant request

Tower Hamlets is the 10th most deprived borough in England. 25.3% of households are in income poverty, the 6th highest rate nationally. According to London Borough of Tower Hamlets (LBTH) data, around 35,000 households in the borough (one in three) are in receipt of housing benefit, and more than half the working age households in receipt of housing benefit are not in employment.

According to the LBTH Housing Evidence Base from 2016, the private rentals are the fastest growing housing sector in the Borough, accounting for around 39% of all housing. Tower Hamlets has some of the highest rents in London. Although Tower Hamlets Council has a housing advice service there is no specific team or forum for private renters, and the council will only intervene between tenants and private landlords if it is considered 'absolutely necessary'.

These tenants frequently use our service and are in vital need of advice and support around their rights in relation to issues with private landlords. Issues that private renters come to us about involve deposits, disrepair, harassment and failure by landlords to comply with S13 of the 1988 Housing Act. We are seeing an increasing number of clients with accumulated rent arrears, who in addition to housing and benefits advice would benefit from interventions to help them manage their money and prevent them falling back into crisis. Over the past year there have been 521 evictions in the LBTH.

This three year project will enable us to combine specialist housing advice with financial health services. The funding will enable us to recruit a part-time (21 hours/ week) Integrated Housing Advice Caseworker, who will support clients to avoid repossession, prevent court action, and prevent homelessness. The Housing Advice Caseworker will work according to AQS quality mark standards on an appointment basis and hold one drop in session a week for those in urgent need.

A grant to this project will match-fund our Getting on With Money (GOWM) advice project. GOWM builds financial resilience by helping local people deal with their financial difficulties, supporting those in debt crisis and helping them address the issues that caused the debt. The two projects will complement and add value to each other, enabling us to provide crisis and longer term support.

Referrals and booking of appointments would be facilitated by a dedicated Connection Worker, with responsibility for booking appointments for the Housing Advice Caseworker, supporting clients to access the GOWM Project, and tracking clients' longer term financial health outcomes.

For each of the three years of delivery, the project will deliver 300 Assisted information/general help sessions and 150 Housing Casework sessions. Key outcomes for clients will be reduced risk of homelessness, threats of eviction and rent arrears. Clients will be better able to manage their tenancy, finances and accommodation, and have increased financial resilience and confidence in managing their money. It will lead to more people being able to enforce their rights in relation to breaches of the Housing Act by private landlords. Our evaluation will include an analysis of the benefit of personal budgeting and financial management support to clients.

These outcomes would meet the City Bridge Trust's "Reducing Poverty" programme outcomes, leading to more Londoners with improved economic circumstances, and more people accessing debt and legal services, through the provision of money, debt and housing advice by an accredited organisation.

The GOWM project includes a co-production strand, supporting involvement of service-users in the management and running of the service. We pride ourselves on our diversity and welcome individuals from all backgrounds. We are taking steps to reduce our carbon footprint, and have introduced an environmental policy.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**AQS (Advice Quality Standard Certification) Generalist level: Debt, Housing, Disability, Older People, Refugee and Asylum Seekers, Welfare Benefits and Young People. Matrix. We are FCA registered.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**For each of the three years of the project, the project will deliver 300 Assisted information/general help sessions -- a total of 900 over three years.**

**For each of the three years of the project, the project will deliver 152 Housing Casework sessions -- avoiding repossession, preventing repossession proceedings -- a total of 456 over three years.**

**For each of the three years of the project, 100 clients would progress from Housing Advice to One to one personal budgeting sessions -- a total of 300 over three years.**

**For each of the three years of the project, 70 clients would progress from Housing Advice to Money Management training sessions -- a total of 210 over three years.**

**For each of the three years of the project, 50 clients would progress to training/ volunteering/ employment/ healthier lifestyle options -- a total of 150 over three years.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Clients will benefit from a reduced risk of homelessness. 40% of those using the service will report reduced threats of eviction and experience reduced rent arrears.**

**Clients using the service will be better able to manage their tenancy, finances and accommodation. 80% of people accessing PBS and training will report improved confidence in these areas.**

**It will support clients to increase their financial resilience and improve their confidence in managing their money. 70% of people accessing PBS and training will report improved confidence in these areas.**

**They will have increased confidence to access improved progression routes and additional support. 50% of those accessing the project will report improved confidence in these areas.**

**There will be an increased number people able to enforce their rights in relation to breaches of the Housing Act by private landlords.**



Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**After the grant has concluded we will work to secure income from trusts and foundations to continue to sustain the service. The Bromley by Bow Centre has a strong track record of securing funding for our innovative work, and we are linked into a number of networks and forums that will enhance our ability to obtain continuation funding.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**300**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Tower Hamlets (90%)**

**London-wide (10%)**

What age group(s) will benefit?

**16-24**

**25-44**

**45-64**

**65-74**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**31-40%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Housing Advice Caseworker (including on-costs)	18,849	19,037	19,227	57,113
Connection Worker (including on-costs)	15,246	15,416	15,570	46,250
Travel and training costs	2,000	2,000	2,000	6,000
Evaluation	0	1,000	3,000	4,000
13% admin	4,692	4,869	5,174	14,735
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>40,787</b>	<b>42,322</b>	<b>44,971</b>	<b>128,080</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Housing Advice Caseworker (including on-costs)	18,849	19,037	19,227	57,113
Connection Worker (including on-costs)	15,264	15,416	15,570	46,250
Travel and training costs	2,000	2,000	2,000	6,000
Evaluation	0	1,000	3,000	4,000
13% admin	4,692	4,869	5,174	14,735
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>40,787</b>	<b>42,322</b>	<b>44,971</b>	<b>128,080</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>June</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	413,000
Activities for generating funds	477,000
Investment income	1,000
Income from charitable activities	3,217,000
Other sources	0
<b>Total Income:</b>	<b>4,108,000</b>

Expenditure:	£
Charitable activities	3,876,000
Governance costs	12,000
Cost of generating funds	192,000
Other	0
<b>Total Expenditure:</b>	<b>4,080,000</b>
<b>Net (deficit)/surplus:</b>	<b>28,000</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>28,000</b>

Asset position at year end	£
Fixed assets	2,787,000
Investments	0
Net current assets	822,000
Long-term liabilities	682,000
<b>*Total Assets (A):</b>	<b>2,927,000</b>

Reserves at year end	£
Restricted funds	2,245,000
Endowment Funds	0
Unrestricted funds	682,000
<b>*Total Reserves (B):</b>	<b>2,927,000</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 31-40%
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### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: N/A
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	522,000	484,000	1,049,000
London Councils	0	0	0
Health Authorities	18,000	51,000	13,000
Central Government departments	117,000	135,000	72,000
Other statutory bodies	680,000	708,000	509,000

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
JP Morgan Chase Foundation	114,000	228,000	0
British Gas Energy Trust	78,000	105,000	126,000
Lloyds Charities Trust	85,000	64,000	0
Wellcome Trust	0	0	50,000
Children in Need	0	0	30,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **James Edmonston**

Role within                      **Deveiopment Manager**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Media Trust</b>	
If your organisation is part of a larger organisation, what is its name? <b>N/A</b>	
In which London Borough is your organisation based? <b>Hammersmith &amp; Fulham</b>	
Contact person: <b>Ms Jenny Walton</b>	Position: <b>Director of Charity Services</b>
Website: <b>http://www.mediatrust.org</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1042733</b>
When was your organisation established? <b>10/07/1994</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Strengthening London's Voluntary Sector</b>		
Which of the programme outcome(s) does your application aim to achieve? <b>More equalities organisations with enhanced voice, advocacy and representation skills</b>		
Please describe the purpose of your funding request in one sentence. <b>To equip equalities organisations, to engage and inspire audiences, effectively advocate and represent for their beneficiaries and causes, and drive change through compelling campaigns</b>		
When will the funding be required? <b>02/10/2017</b>		
How much funding are you requesting?		
Year 1: <b>£75,026</b>	Year 2: <b>£73,640</b>	Year 3: <b>£0</b>
<b>Total: £148,665</b>		



**Aims of your organisation:**

Media Trust is a unique charity that inspires the media and communications industry to give their time and creative power to benefit the voluntary and community sector (VCS). We believe in the power of the media to change lives.

We work with the media industry to empower charities and communities to have a voice and be heard. By connecting charities with the media industry, we amplify their voices and impact, create powerful content, develop their skills, and connect them with professional media volunteers.

Media Trust utilises the outstanding support we have within the Media Industry through our network of corporate members including Google, Facebook, BBC, Sky, The Guardian and Trinity Mirror.

We support charities across the UK; building their communications skills through our innovative training, volunteer brokerage and content programmes. We're committed to growing the number of media professionals who share their skills, as speakers, trainers, mentors, filmmakers, digital and strategy advisors with the sector.

**Main activities of your organisation:**

Supporting VCS organisations through innovative Charity Services:

**Training and Capacity Building**

? Provides a wide range of media and communications courses on topics including social media, marketing, PR, filmmaking and media interview training

? Provide media training and support for charity beneficiaries, helping share their own personal stories, giving them a voice about issues that affect them

? Deliver capacity building programmes, combining training, mentoring and content creation, to amplify voices of marginalised communities and equalities organisations

**Volunteer Brokerage**

? Through our online matching platform, networking events and charity challenge days, we match media professionals who volunteer their time and skills to support VCS organisations to understand their communications challenges and access support to build skills and resources.

**Content Creation**

? We harness the talent, skills and time of filmmakers, camera operators and editors to enable VCS organisations to produce engaging content including promotional, cause related films and content for social media. This allows organisations to bring their messages to life

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>22</b>	<b>6</b>	<b>10</b>	<b>8</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>2020</b>



## Summary of grant request

Media Trust in partnership with the Equalities and Diversity Forum (EDF) will build the communications skills, capacity and networks of London's equalities organisations through the Stronger Voices programme. This two-year programme will support 24 equalities organisations through intensive communications capacity-building, media mentoring and networking with journalists. We will also provide London's wider equalities sector with a tailored Advocacy Masterclass programme and digital guides, sharing best practice and building connections between the media and equalities sector.

**The Need:** The EU referendum outcome means the voices of equalities organisations need to be heard more than ever. They need to advocate the causes they fight for and influence decision making, especially during the transition in equalities protection law during the process of leaving the EU.

Research demonstrates that the sector lacks skills, resources and knowledge to communicate effectively. Findings from our 2015 research funded by an Investment Readiness grant from City Bridge Trust demonstrates:

- ? 8 out of 10 charities have a communications budget of less than £1,000
- ? 46% have a major skills gap in structuring communications
- ? 44% of small charities have a major skills gap in social media

Media Trust and EDF have over 20 years experience working in the charity sector and understand the need for equality organisations to be able to tell their stories, describe their issues, their vision for the future and the important role that this has in reaching the wider public and policy makers. Organisations working on equality issues communicate to EDF regularly that public opinion and negative publicity hold them back. This affects the day-to-day lives of individuals they support and reduces the organisation's ability to influence changes to policy and practice. The charities Media Trust work with aim to counter the hostile language; negative images; and ill-informed stereotypes about underrepresented communities presented in some of the media. Equalities organisations need to be equipped with the knowledge on how they can start to tackle these issues.

**Media and Strategic Communications Programme** - We will run a Media and Strategic Communications training programme for 24 equalities organisations (12 per year) to skill up staff and provide them with a strategy to help target audiences more effectively. Firstly, we will build their media, messaging and campaign skills equipping them with the knowledge and tools to communicate effectively. We will then match them with a team of media volunteers who will conduct a communications audit and develop a realistic and compelling campaign to engage audiences and policy makers with their work.

**How the work will be delivered:**

- ? Media and Strategic Communications training
- ? Beneficiary spokespeople training
- ? Campaign development
- ? Networking with journalists and media professionals

**Advocacy Masterclass Programme** - We will design and run a specialist advocacy masterclasses programme, delivered in partnership with leading media brands and top speakers. The topics will be based on the communications needs survey led by EDF at the start of the project, to help identify specific communications themes that charities find challenging and would like additional support with.

**Meeting the Trust's outcomes** - The Stronger Voices programme will give the organisations and their beneficiaries enhanced advocacy and campaigning skills to develop their messaging, build relationships with the media and influence the public and policy makers.

**Principles of Good Practice** - Media Trust and EDF will survey the communications needs of London's equality organisations and summarise the results to inform the development of the programme and partnering with EDF will ensure smaller organisations benefit. We will track the benefit of the project with pre and post impact surveys, recording the improvements made. We will share our learning via reports and case studies



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Deliver media and strategic communications training programme of 7 workshops for 24 equalities organisations, building their skills, knowledge and capacity equipping them with the templates and tools to develop press releases, key messaging, campaigns and social media strategies**

**Deliver spokespeople training for 24 staff and 20 beneficiaries from equalities organisations through four one-day media interview training sessions developing increased confidence and ability to tell their stories to journalists via TV, radio and print**

**Deliver 24 communications audit & campaign planning sessions with media volunteers, matching 48 media volunteers to 24 equalities organisations to develop engaging campaign plans to raise the profile of their organisation and advocate on behalf of their work and beneficiaries.**

**Run four networking events brining together 24 equalities organisations with journalists and media professionals from Media Trust partners including BBC London, The Guardian and Trinity Mirror building their media networks and contacts and get media coverage for their work.**

**Design an Advocacy Masterclasses programme of four per year, for 200 individuals working within the equalities sector to build skills, insight and knowledge of communicating effectively and creatively, reaching target audiences and driving behaviour change.**



What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**24 equalities organisations will have:**

**improved their media and strategic communications skills and capacity to develop their own communications strategy**

**Increased the visibility and public profile of their organisation, work and impact (inc. social media)**

**Increased their ability and confidence to communicate key messages and pitch stories into the media**

**30% of equalities organisations involved in Stronger Voices will developed the skills required to secure media coverage of their work.**

**44 spokespeople of the equalities organisations participating in the project have developed the skills and confidence to be able to tell their story in their own voice and manage media interview scenarios so that they feel confident and in control of their story. 6 media interviews conducted.**

**Participating equalities organisations will be equipped with the skills to deliver their own targeted campaign, raise the profile of there organisations and communicate the key issues with the public and policy makers.**

**200 individuals working or volunteering within the equalities sector have:**

**? Increased visibility and public profile for their organisation, work and impact**

**? increased skills and activity in media and communications**

**? Increased support from funders and volunteers**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We intend to continue similar activities. Our strategy is to grow Media Industry corporate members and in kind support year on year, with the goal of 60 members supporting our work by 2020. The increase in value of corporate memberships alongside a growth in media fundraising income will generate an extra £0.5m income by 2020 to fund the work.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**124**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**London-wide (100%)**

What age group(s) will benefit?

**All ages**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing (Media Trust)	38,349	39,116	0	77,465
Staffing (Equality & Diversity Forum)	3,500	3,500	0	7,000
Media & Strategic Communications Programme (Media Trust)	14,674	12,622	0	27,296
Media & Strategic Communications Programme (Equality & Diversity Forum)	3,000	3,000	0	6,000
Advocacy Masterclasses and Online Guides (Media Trust)	8,070	8,070	0	16,140
Impact and Evaluation (Media Trust)	2,500	2,500	0	5,000
Overheads (Media Trust)	16,800	16,800	0	33,600

<b>TOTAL:</b>	<b>86,893</b>	<b>85,608</b>	<b>0</b>	<b>172,501</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Garfield Weston (Staffing - Media Trust)	5,067	5,168	0	10,235
Media Industry (Overheads - Media Trust)	6,800	6,800	0	13,600
	0	0	0	0

<b>TOTAL:</b>	<b>11,867</b>	<b>11,968</b>	<b>0</b>	<b>23,835</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing (Media Trust)	33,282	33,948	0	67,230
Staffing (Equality & Diversity Forum)	3,500	3,500	0	7,000
Media & Strategic Communications Programme (Media Trust)	14,674	12,622	0	27,296
Media & Strategic Communications Programme (Equality & Diversity Forum)	3,000	3,000	0	6,000
Advocacy Masterclasses and Online Guides (Media Trust)	8,070	8,070	0	16,140
Impact and Evaluation (Media Trust)	2,500	2,500	0	5,000
Overheads (Media Trust)	10,000	10,000	0	20,000

<b>TOTAL:</b>	<b>75,026</b>	<b>73,640</b>	<b>0</b>	<b>148,666</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	644,931
Activities for generating funds	0
Investment income	1,073
Income from charitable activities	2,479,348
Other sources	0
<b>Total Income:</b>	<b>3,125,352</b>

Expenditure:	£
Charitable activities	2,709,337
Governance costs	0
Cost of generating funds	240,814
Other	0
<b>Total Expenditure:</b>	<b>2,950,151</b>
<b>Net (deficit)/surplus:</b>	<b>175,201</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>175,201</b>

Asset position at year end	£
Fixed assets	10,910
Investments	0
Net current assets	641,172
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>652,082</b>

Reserves at year end	£
Restricted funds	188,892
Endowment Funds	0
Unrestricted funds	463,190
<b>*Total Reserves (B):</b>	<b>652,082</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
1-10%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Our CEO stepped down Feb 2017. Trustees given 6 months notice and appointed an impressive CEO who held leadership positions in charity and media but lives overseas and joins formally Sep 2017. Former Media Trust Director of Finance and Operations, appointed Interim CEO working with founder and new CEO for a smooth transition. In September 2016 our trading subsidiary Community Channel became an independent company.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	184,236	497,607	46,000
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Big Lottery	1,091,384	868,764	513,000
OCS	184,236	447,607	0
Comic Relief	0	0	103,890
Jack Petchey	102,334	35,463	142,043
The Mayors Fund	0	0	94,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Jenny Walton**

Role within                      **Director of Charity Services**  
Organisation:



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# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>On Road Ltd</b>	
If your organisation is part of a larger organisation, what is its name? <b>n/a</b>	
In which London Borough is your organisation based? <b>Hackney</b>	
Contact person: <b>Ms Nathalie McDermott</b>	Position: <b>CEO</b>
Website: <b><a href="http://www.onroadmedia.org.uk">http://www.onroadmedia.org.uk</a></b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1165237</b>
When was your organisation established? <b>19/06/2008</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Strengthening London's Voluntary Sector</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More equalities organisations with enhanced voice, advocacy and representation skills</b>
Please describe the purpose of your funding request in one sentence. <b>To empower networks of people and organisations from a misrepresented community with the skills, support and contacts to strategically influence the media.</b>
When will the funding be required? <b>01/09/2017</b>
How much funding are you requesting? Year 1: <b>£30,000</b> Year 2: <b>£30,000</b> Year 3: <b>£0</b>  <b>Total: £60,000</b>



**Aims of your organisation:**

On Road Media is a small charity that works to improve the media representation of marginalised people and social issues that are misrepresented.

The aim of this is to improve the lives of those people by increasing understanding and acceptance and by reducing discrimination against them in wider society. We want to challenge and change entrenched social attitudes that are reinforced by media myths and stereotypes.

We aim to do this by working with groups who are misrepresented, bringing them together with our media contacts to give them greater influence and voice. We empower through training and support so they can engage with the media in a way that is safe and sustainable for them.

**Main activities of your organisation:**

On Road's early work focused on giving a voice to marginalised groups through training them in media skills, so they could better tell their own stories.

Since 2011 we've also been carefully arranging a series of informal face-to-face meet-ups between our network of media contacts and people from a community that is poorly represented in the media. We call these 'interactions'. They are designed to change the attitudes and practice of media professionals - and they do.

We work at building a network of resilient activists who can support each other as they engage strategically with the media on a particular issue, to keep themselves safe and to strengthen the community.

Alongside these we support members of marginalised groups to produce their own media.

We have worked with travellers, undocumented migrants and single homeless people. Since 2011 we've worked extensively with the transgender community. Our new work is challenging media myths by working with victims of sexual and domestic abuse.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>3</b>	<b>1</b>	<b>3</b>	<b>275</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>Until January 2018.</b>



## Summary of grant request

We will work with voluntary groups in two areas where people are seriously misrepresented by the media, to bring about measurable change. We will work with the transgender community, and with survivors of sexual or domestic abuse and the groups that support them, building a resilient network of media-skilled activists in each.

We expect this to make a difference: our behind-the-scenes work with 249 members of the trans community and 391 media professionals so far has led to over 550 positive media items and leveraged £5.5M in programming, including trans characters in EastEnders and Hollyoaks. It has created a legacy of trans people who now engage confidently with the media.

We will provide individuals from voluntary groups with training in media skills. Then we will arrange for them to meet face-to-face with senior media professionals in a creative meet-up we call an 'interaction'. These are carefully curated to allow people to tell their own story with control and empowerment - and they change the hearts and minds of influential media people, leading to changes in media coverage. 75% of media professionals engaged so far say they are doing things differently as a result.

Our work with the transgender community since 2011 has transformed the visibility and portrayal of trans people in the UK media, and their acceptance in society. But with that has come a backlash. Representatives of small, under-resourced trans groups find themselves face-to-face on TV with commentators who question their existence. Our trans-led Advisory Group has made specific and supportive media training for trans spokespeople a priority.

This year we are piloting a new area of work with survivors of sexual and domestic abuse and the voluntary organisations that support them, following several years of consultation to establish need. The aim is to empower these people and groups to challenge the media narrative with the reality of their lived experience. This is important because the media's myths can influence juries to blame victims of rape and let the perpetrators go free. This contributes to under-reporting and a high rate of sexual crimes. There are signs that this could be the moment to push for change - but it needs people who know what they are talking about to be equipped to use their voice strategically, and supported to do so in a way that is safe for them. We have a list of 66+ groups who are actively interested in taking part in this project, including 40 who are eager to do media training.

This grant will fund four media training courses for 10 people each, each course tailored to the needs of the participants who would come from voluntary organisations in one of these areas of work. The training will build the skills, resilience and confidence to deal with the media.

These individuals will be supported to engage with media professionals at interactions we will organise, some focused on sexual and domestic abuse, others on trans experience, giving them a chance to use their voice immediately to make a difference. This may lead to further media opportunities.

Participants will support each other in a resilient network of activists in their field, through an online group and regular facilitated meetings, funded by this grant. The long term benefit for their organisations will be enhanced voice, media and representation skills, and valuable media allies.

Project monitoring will look for the impact on the individuals' confidence and skills, sharing of what they learned with other people, how they engaged with the media, and what impact it had. Feedback from participants will help us to continuously refine training, support and interactions.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**n/a**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Six professional media training courses each year for 10 people each, for two years.**

**At least ten interactions each year between 60 spokespeople from small voluntary groups and 80-100 media professionals, for two years.**

**10 meetings a year (roughly one a month) of a peer support network of 50 trained media contributors from small groups working in the field of sexual and domestic abuse, and the same for 50 trained media contributors from small trans groups. These will run for two years.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**After two years, 120 participants from voluntary organisations within a sector have improved skills, knowledge and confidence to engage with the media.**

**After two years, 120 participants from voluntary organisations within a sector engage effectively with the media, making their own voice and experience heard.**

**After two years, 200 participants from voluntary organisations within a sector feel less isolated and better supported as they engage with the media thanks to being part of a network of media activists in their sector.**

**After two years, at least 100 journalists/programme makers engage positively and produce positive content about issues or people that have been misrepresented.**

**After two years there is increased public awareness of the misrepresented groups' issues**



Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes. When this work is better established, we hope media organisations will pay for the creative events we offer, which help them create more diverse and authentic programming and reporting. We'd like organisations to pay for media training we deliver (already happening in some cases), although we don't expect small marginalised groups to be in a position to do that.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year? <b>180</b>
In which Greater London borough(s) or areas of London will your beneficiaries live? <b>London-wide (100%)</b>
What age group(s) will benefit? <b>16-24</b> <b>25-44</b> <b>45-64</b>
What gender will beneficiaries be? <b>Male</b> <b>Female</b> <b>Transgender or other gender identity</b>
What will the ethnic grouping(s) of the beneficiaries be? <b>A range of ethnic groups</b>
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? <b>1-10%</b>



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
6 x media training courses per year @ £5,000	30,000	30,000	0	0
10 x interactions per year @ £3,000	30,000	30,000	0	0
2 x 10 activist network meetings per year @ £500	10,000	10,000	0	0
Office overheads, admin and management	20,000	20,000	0	0
Monitoring and evaluation	5,000	5,000	0	0
Publicity and communication	5,000	5,000	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>100,000</b>	<b>100,000</b>	<b>0</b>	<b>0</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Trust for London	15,000	0	0	0
Contribution from grants from core funders	10,000	0	0	0
Grants already secured	18,000	0	0	0
Charges for interactions (expected)	3,000	3,000	0	0

<b>TOTAL:</b>	<b>46,000</b>	<b>3,000</b>	<b>0</b>	<b>0</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Feminist Review Trust	5,000	0	0	0
Comic Relief #iwill fund	35,000	35,000	0	0
Leathersellers' Company Charitable Fund	3,000	3,000	0	0
Five other one-off grant applications	33,000	0	0	0

<b>TOTAL:</b>	<b>76,000</b>	<b>38,000</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
4 x training courses per year @£5,000	20,000	20,000	0	0
20 x peer support meetings per year @£500	10,000	10,000	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>30,000</b>	<b>30,000</b>	<b>0</b>	<b>0</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>October</b>	Year: <b>2016</b>
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Income received from:	£
Voluntary income	73,520
Activities for generating funds	0
Investment income	40
Income from charitable activities	45,483
Other sources	0
<b>Total Income:</b>	<b>119,043</b>

Expenditure:	£
Charitable activities	116,745
Governance costs	1,623
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>118,368</b>
<b>Net (deficit)/surplus:</b>	<b>675</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>675</b>

Asset position at year end	£
Fixed assets	1,548
Investments	0
Net current assets	3,633
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>5,181</b>

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	5,181
<b>*Total Reserves (B):</b>	<b>5,181</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
0%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

On Road's CEO Nathalie McDermott returned from maternity leave in April 2017.



### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Paul Hamlyn Foundation	0	40,000	60,000
Esmee Fairbairn Foundation	0	68,000	30,000
Trust for London	0	0	40,000
Oak Foundation	0	0	27,000
Postcode Community Trust	0	0	14,225

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Nathalie McDermott**

Role within  
Organisation: **CEO**



# APPENDIX A - Revised Request

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
6 x media training courses per year @ £5,000	30,000	30,000	0	60,000
10 x interactions per year @ £3,000	30,000	30,000	0	60,000
2 x 10 activist network meetings per year @ £500	10,000	10,000	0	20,000
Office overheads, admin and management	20,000	20,000	0	40,000
Monitoring and evaluation	5,000	5,000	0	10,000
Publicity and communication	5,000	5,000	0	10,000

<b>TOTAL:</b>	<b>100,000</b>	<b>100,000</b>	<b>0</b>	<b>200,000</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Trust for London	15,000	0	0	15,000
Contribution from grants from core funders	10,000	0	0	10,000
Grants already secured	18,000	0	0	18,000
Charges for interactions (expected)	3,000	3,000	0	6,000

<b>TOTAL:</b>	<b>46,000</b>	<b>3,000</b>	<b>0</b>	<b>49,000</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total

<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
4 x training courses per year @£5,000	20,000	20,000	0	40,000
20 x peer support meetings per year @£500	10,000	10,000	0	20,000
2 x 10 activist network meetings per year @ £500	10,000	10,000	0	20,000

<b>TOTAL:</b>	<b>40,000</b>	<b>40,000</b>	<b>0</b>	<b>80,000</b>
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